A HELPING HAND, 16 | GROWING TOGETHER, 18 | SLICE OF LIFE, 26

rocky hill
LIFE

September 2016
TurleyCT.com
A product of TurleyCT
Community Publications
Volume 3, Edition 12

Chasing the dream

Marquise Hardwick performs at Hartford Stage

See story on page 8

Come Celebrate Our 3rd Anniversary
at 38 Town Line Road, Rocky Hill, CT

ANNIVERSARY COUPON
30% OFF
All Accessories in Stock
Limit one coupon per customer; cannot be used towards pre-pay, wireless service or combined with other offers. Can be redeemed only at this location. Restrictions apply. Expires 9/30/16

ANNIVERSARY COUPON
FREE
Glass Screen Protector
$34.99 Value with Coupon & Activation
with coupon and phone activation. Restrictions apply; see rep for details; Valid only at this location. Cannot be combined with other offers. Expires 9/30/16

verizon
SIMPLY | Premium Wireless Retailer

Rocky Hill, CT • 38 Town Line Road (Behind Wood-n-Tap) • 860-757-3337

SuCB16

From left, front row are: Rod Tyler, Steven Sastri
Back row, from left: Mike Ciaburri, Brian Dufresne, Manager

Residential Customer
ECR-WSS

TurleyCT Community Publications
540 Hopmeadow St.
Simsbury, CT 06070

PRSRT STD
US POSTAGE
PAID
PALMER, MA
PERMIT #22

COLDWELL BANKER
RESIDENTIAL BROKERAGE

Agent of the Month

Lisa Bowman
860-983-6789

Karen Woolley
860-690-0701

Darlene White
860-881-3424

Sandy Whitaker
860-760-5959

Cris Walsh
860-214-5964

Pamela St. Jean
860-760-5960

Lizz Romano
860-983-6330

Valerie Roman
860-982-1148

Joe Rizza
860-209-7391

Lorna Purrier
860-869-4924

Top Co-Broke Agent

Cyndi Rabb
860-986-6129

Harrison Amadasun
860-778-7717

Candia Baptiste
860-324-2794

Sabrina Betts
860-402-5992

Scott Brown
860-358-9296

Sebby Caramma
860-729-6555

Joyce Cianci
860-760-5983

Lina D'Angelo
860-380-7121

Donna Dargie
860-883-5419

Shirley Davies
860-922-0093

Chris Devanney
860-760-3640

Kathy Dell'Aquila
860-559-0825

Sara Felter
860-573-8008

Wethersfield **$169,900**
6 Room, 3BD, energy efficient upgraded sunny Cape Cod embracing charming features. Built-in hutch, hardwood floors, enclosed porch. Outside enjoy a deck overlooking landscaped & fenced yard. Garage.
Lisa Bowman **860-983-6789**

Wethersfield **$179,900**
Cape Cod with spacious 1st floor master, hard wood floors & gas fireplace. Serene retreat patio overlooks deep level manicured grounds with amazing stonework & landscaping.
Lisa Bowman **860-983-6789**

Old Wethersfield **$209,500**
If you dream of living in Old Wethersfield- this charming 3BD embraces characteristic wainscoting, split staircase, beamed ceilings & wood flrs. Completely livable while attending to renovation needs.
Joe Rizza **860-209-7391**

Wethersfield **$244,900**
Find your haven in this remodeled 3BR/2+BA open floor plan home. Bright & airy, spacious rooms, natural woodwork and hardwood & tile flooring. New Kitchen & baths, finished walk out basement, garage.
Sara Felter **860-573-8008**

Wethersfield **269,900**
Truly delightful 3BR/2BA Cape Cod in desirable neighborhood. Spacious rooms through out, remodeled bath, hardwood floors, lg closets, enclosed porch, deck, 2 car garage. Thermo pane windows, gas heat.
Lisa Bowman **860-983-6789**

Wethersfield **$289,900**
This charming 3BD/2BA Colonial is embraced in warmth & character. Located on a double cul-de-sac in a very sociable neighborhood w/i walking distance of hiking, swimming, ball fields, dog park & more!
Lisa Bowman **860-983-6789**

Wethersfield **$359,900**
Architectural design by Pierz & quality construction by Drisdelle created this beautiful home! Open, airy floor plan & large windows provide sunny living. 3BD/2.5BA. 1st floor master suite & laundry.
Lisa Bowman **860-983-6789**

Wethersfield **$499,900**
Elegant 5BR/4+BA on quiet cul-de-sac. Chef's kitchen w island, granite, cherry cabinetry. 2 story foyer, family room w fireplace surrounded by windows. Walk-out finished LL, 39 ft deck, 3 car garage.
Lisa Bowman **860-983-6789**

Rocky Hill **$334,900**
Completely renovated; skilled craftsmanship joins rich architectural design w/ the amenities & energy efficiencies of today. Open concept, lg windows, wood floors, high ceilings, staircases, balcony.
Lisa Bowman **860-983-6789**

REAL Trends 500
The Trusted Source

2016 REAL Trends Market Leaders
*Coldwell Banker Residential Brokerage/NRT Was Ranked #1 in Hartford/New Haven/ New London Counties.**

RANK	COMPANY	CLOSED SIDES
1	Coldwell Banker Residential Brokerage/NRT	8,189
2	William Raveis Real Estate, Mortgage & Insurance	7,497
3	Berkshire Hathaway HomeServices New England Properties	6,874

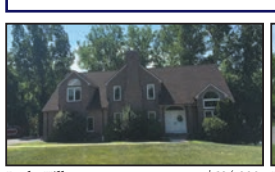
**According to the 2016 REAL Trends Market Leaders report for sides in 2015.*

Wethersfield **$424,900**
Located in the heart of Pyquag Village is this versatile 5BD/2.5BA Colonial. Upgraded kitchen, stylish family room, private patio, great room, spacious bedrooms, renovated baths, new mechanics, 2 gar.
Lizz Romano **860-983-6330**

Rocky Hill **$183,000**
Exceptional 2BR/2BA condo delights & invites, w updated eat-in kitchen, lg rooms, fireplace, cathedral ceilings, 6 panel doors, deck, ample storage, detached garage. Lower level prepped for addition.
Maureen Horowitz **860-205-9678**

Rocky Hill **$349,900**
Fulfill your creativity; impressive Ranch w bright open plan. 3BR/3BA, new kitchen, 3 fp, hdwd flrs, vaulted ceiling. Finished walk-out basement, C/A, 6 zone heat. Patio, trex deck, lg yard, garage.
Sara Felter **860-573-8008**

Rocky Hill **$379,888**
Relax & play surrounded by the supporting features of this 3,800 sq ft open 3BR/3+BA split level. Pool, hot tub, tranquil koi pond, hdwd flrs, vault ceil, fp, remodeled kit & baths, finished LL w apt.
Kathy Dell'Aquila **860-559-0825**


Rocky Hill **$524,900**
Surround yourself with luxury in this fascinating 4BR/2+BA home. Distinctive residence beautifully styled & detailed. A generous-sized home that suits all needs. 2 fireplaces, balcony, wooded lot.
Lizz Romano **860-983-6330**

Rocky Hill **$729,900**
Elegant custom 5BR/3+BA home has a parade of features including gas fireplace, circular drive, expansive living room, high & tray ceilings, Jacuzzi, patio. Luxury and private In-law apartment.
Sebby Caramma **860-729-6555**

Bloomfield **$143,900**
Remodeled 3-bedroom Ranch offers new spacious kitchen, ceramic tile baths, hardwood flooring, & windows. Cozy fireplace & large windows provide immediate ambiance. Main-level master, full basement.
Cyndi Rabb **860-459-8985**

Hartford **$54,900**
Stop the rent check! You can own this 2 bedroom condo at this affordable price! Top floor unit is conveniently located near downtown. Young professionals can walk to work or many area universities.
Daniel Hardrick **860-268-2169**

E Hartford **$134,900**
3 Bedroom, Eat-in kitchen with granite counters and center island, Fire placed living room with hardwood floors, Spacious MBR w 12x12 changing/ reading room! Plus, partially finished lower level.
Wayne Horgan **860-978-6440**

Rockville **$174,900**
Lovely residence in quiet, well cared for setting offers great potential. 3BD/1BA, front vestibule, turned staircase, sunroom & wd flrs. Baths updated. Enclosed room in basement - perfect wine cellar.
Linda Pacelia **860-729-3860**

Cromwell **$315,000**
Masterfully custom built Ranch on 1.8 ac. Open floor plan, 1st floor master suite & laundry. Luxurious baths. New hd wd flrs. Car-guy dream oversized 2 car garage, w high ceilings, lifts & compressor.
Lina D'angelo **860-380-7121**

Cromwell **$319,900**
Privately set on .6 ac luxury awaits in this 3BR/2BA Colonial w open floor plan. Green-living upgrades, winter-retreat sun room, bamboo flooring, earth-tone colors, spa like baths. Deck, 2 car garage.
Lizz Romano **860-983-6330**

Cromwell **$439,900**
Spectacular new, quality-built 4BR/3BA Colonial. Spacious kitchen equipped with center island. Hardwood floors w walnut inlay, crown molding & raised ceilings add finishing touches. Gas fireplace.
Maureen Horowitz **860-205-9678**

Southington **$599,900**
Immaculate custom built Contemporary, 3,559+ sqft. Chefs kitchen, luxurious baths, finished basement, trex deck. Cathedral ceilings, stone gas fp, hardwood floors, tray ceilings. 9 sp garage, 7 acres.
Vinnie Giarratana **860-913-8155**

East Haven **$184,900**
This is a solid 4 BD/1.5BA home in need of minor touch-ups. Enjoy your very own pool off of a beautiful deck inside a fenced-in yard. Just a 3 block walk from E Haven Town Beach/Long Island Sound.
Douglas Francis **860-478-8086**

Top Listing Agent

Lisa Bowman
860-983-6789

Douglas Francis
860-478-8086

Maggie Francis
860-205-4692

Antoinette Gabriel
860-997-6720

John Gerardi
860-983-4427

Vin Giarratana
860-913-8155

Jessica Hamilton
860-305-1082

Norman Hamilton
860-985-3270

Stacey Hodges
860-760-8005

Wayne Horgan
860-760-8044

Top Sales Agent

Lisa Bowman
860-983-6789

Dan Preniqi
860-869-3166

Oomilya Poo-Nark
860-502-8242

Dick Peplau
860-463-2288

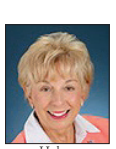
Linda Pacelia
860-729-1757

Carmen Muszynski
860-760-9962

Carolina Mimo
860-331-0396

Marileno Miano
860-478-5144

Chelsea Madonna
203-988-6939


Helen Krzyczynski
860-205-7063

Barbara Krucko
860-883-2099

Ruby Kammerer
860.841.0032

Maureen Horowitz
860-205-9678

Wethersfield Office | 1331 Silas Deane Highway | Wethersfield, CT 06109 | 860.563.1010

ColdwellBankerHomes.com

©2016 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker Logo, Coldwell Banker Previews International, the Coldwell Banker Previews International logo and "Dedicated to Luxury Real Estate" are registered and unregistered service marks owned by Coldwell Banker Real Estate LLC.

COLDWELL BANKER PREVIEWS INTERNATIONAL

COLDWELL BANKER RESIDENTIAL BROKERAGE

rocky hill
LIFE

September 2016
Read online: TurleyCT.com

540 Hopmeadow Street
Simsbury, CT 06070
t 860-651-4700
TurleyCT.com

QUOTE OF NOTE:

"Both elementary schools are maxed out."
– Superintendent of Schools Mark Zito

See story page 5

ON THE COVER

Marquise Hardwick at Hartford Stage, where he played Capulet in "Romeo & Juliet" as part of the 10th anniversary season of the Breakdancing Shakespeare series.

Photo by Lisa Brisson
See story page 8

4 Looking to grow
5 More students
8 Passion for performing
13 Uptown Consignment
15 People notes
16 A helping hand
18 Growing together
20 Dealing with violence
23 News roundup
25 Calendar
26 Slice of LIFE
30 From the mayor's desk
38 Editorial

"If I had it to do over again…

… I'd spend more time with my family."

When people reflect on their lives, they very seldom say, "If only I'd spent more time at my job." But they often say, "If only I had enjoyed my family more."

Labor Day may seem like a less important day than other holidays, yet it is the one day we are encouraged to put our work aside to relax and enjoy our family.

We trust that you will have a special holiday and it will enable you to take more time to enjoy life.

D'ESOPO
FUNERAL CHAPEL
"Nationally Recognized for Excellence"
www.desopo.com

WETHERSFIELD
860-563-6117

EAST HARTFORD
860-568-9420

Best Sheds Best Price!
All Buildings On Sale Plus Free Options!

New England Colonial
with mini shed dormer
T-1-11 Siding

LABOR DAY Sale

10x12 Reg $4720 **Sale $3995**
10x14 Reg $5000 **Sale $4195**
10x16 Reg $5280 **Sale $4395**
12x14 Reg $5660 **Sale $4695**
12x16 Reg $6115 **Sale $4995**

KLOTER FARMS

KloterFarms.com 860-871-1048 216 West Rd, Ellington CT
FREE DELIVERY in CT, MA, RI *$1500 min., extra charge for Cape Cod, MA. Sale ends 9/5*

Looking to grow

Tri-Town YMCA seeks money and a higher profile

by Mark Jahne
Editor

Courtesy photo

Summer camps are a popular Y program.

The Tri-Town YMCA has functioned for the towns of Newington, Rocky Hill and Wethersfield for many years, but it has operated under a fairly low profile.

Shawn Fongemie hopes to change that. He is the development officer with the Greater Hartford YMCA, as well as the executive director overseeing both its Tri-Town and West Hartford branches.

Administrative offices for the Tri-Town YMCA are located in West Hartford. There is local program space at 1321 Silas Deane Highway in Wethersfield.

While this YMCA branch serves all three towns, most of the program sites are in Wethersfield. Children come from Newington and Rocky Hill to participate.

"Our preschool enrichment programs tend to get people from Rocky Hill," Fongemie said.

Newington participation, for the most part, is limited to the summer camps.

The thrust of all Y programs is youth development, healthy living and social responsibility.

"Our strongest programs are our after-school enrichment programs and our sports camp programs," Fongemie said.

He is looking for ways to work collaboratively with other like-minded organizations and hopes to talk about that with Judy Keane, president of the Richard M. Keane Foundation, and representatives of the Wethersfield Early Child Collaborative.

Keane likes the idea and would welcome the opportunity to explore the possibilities. The concept of sharing resources for mutual benefit appeals to her.

"Our strongest programs are our after-school enrichment programs and our sports camp programs."

– Shawn Fongemie

"We need to sit down and talk. There are areas we can collaborate on. Why reinvent the wheel?" she said. "We're doing a lot more in the schools now. That's a big change for us."

"It gives us the opportunity to look through a different lens," Fongemie said. "There's manpower in us collaborating [with others]. We're a Y without walls. We don't have community space. I try to utilize all the resources we have in our association."

That makes the need to work together even greater. Many of the current programs are held at local schools.

Every school in Wethersfield is served, but not every school has its own program site. Those without have bus service to take children to the nearest location, either Hanmer, Webb or Emerson-Williams schools.

Summer camp experiences include day trips to the Y's Camp Jewell in Colebrook.

The Tri-Town YMCA currently serves 657 Wethersfield children. Fongemie emphasized that it's much more than baby-sitting. All programming in some way promotes the Y's core values.

"We've been working really hard to become more of a want than a need," he said. "These children need after-school programs."

He further explained that simple baby-sitting until parents get out of work and come pick up their child is a need. Quality programming during that time makes it a want.

Those activities have taken on a different structure over the past four years. There has also been an increased focus on serving healthy food. YMCA after-school programs feature play time, homework time and a snack. All of the teachers have state certification.

"Our staff really focuses on building relationships with the kids ... [and] make it fun for them," Fongemie said. "It's great to have that learning component. There's a whole social-emotional piece to it."

The after-school programs run throughout the academic year and a similar approach is taken to the summer camps. Efforts are made to engage the parents as well as the children. Financial aid is available for families that need it and is granted on a sliding scale.

"The Y does not turn anyone away. We will find a way," he said.

To do that, he needs money. Fongemie is launching a fundraising drive in the three towns to support the Tri-Town branch. Families may also qualify for the state Care for Kids program that can subsidize the cost of after-school programming and camp.

"My goal this year is to raise $15,000" from the three communities, he said.

Fongemie added that Wethersfield children alone will receive an estimated $40,000 in financial aid this calendar year. **RHL**

For more information about the Tri-Town YMCA and its programs, or to make a donation, contact Fongemie at 860-522-9622 or shawn.fongemie@ghymca.org. To review the program guide go to the website and click on "Tri-Town."

More students expected

New intermediate school also a possibility as 2016-2017 academic year begins

by Mark Jahne
Editor

The Rocky Hill Public Schools have experienced increased enrollment for the past several years and that trend is expected to continue when doors open for a new academic year Sept. 6.

The number of students attending the two elementary schools continues to rise, bucking a statewide trend, Superintendent of Schools Mark Zito said.

"Enrollment continues to climb," he said.

"We are one of the few districts in the state where enrollment is increasing," Charles Zettergren, assistant superintendent of finance and operations, added.

The additional children required the hiring of three more classroom teachers at West Hill as well as an ELL teacher to assist students who do not speak English as their primary language. Seventeen new teachers will be in the classrooms when the schools open after Labor Day, but 13 of those are replacements for veteran educators who retired.

Both men expect to see 46 more children at the elementary level in the new academic year. That will require four additional

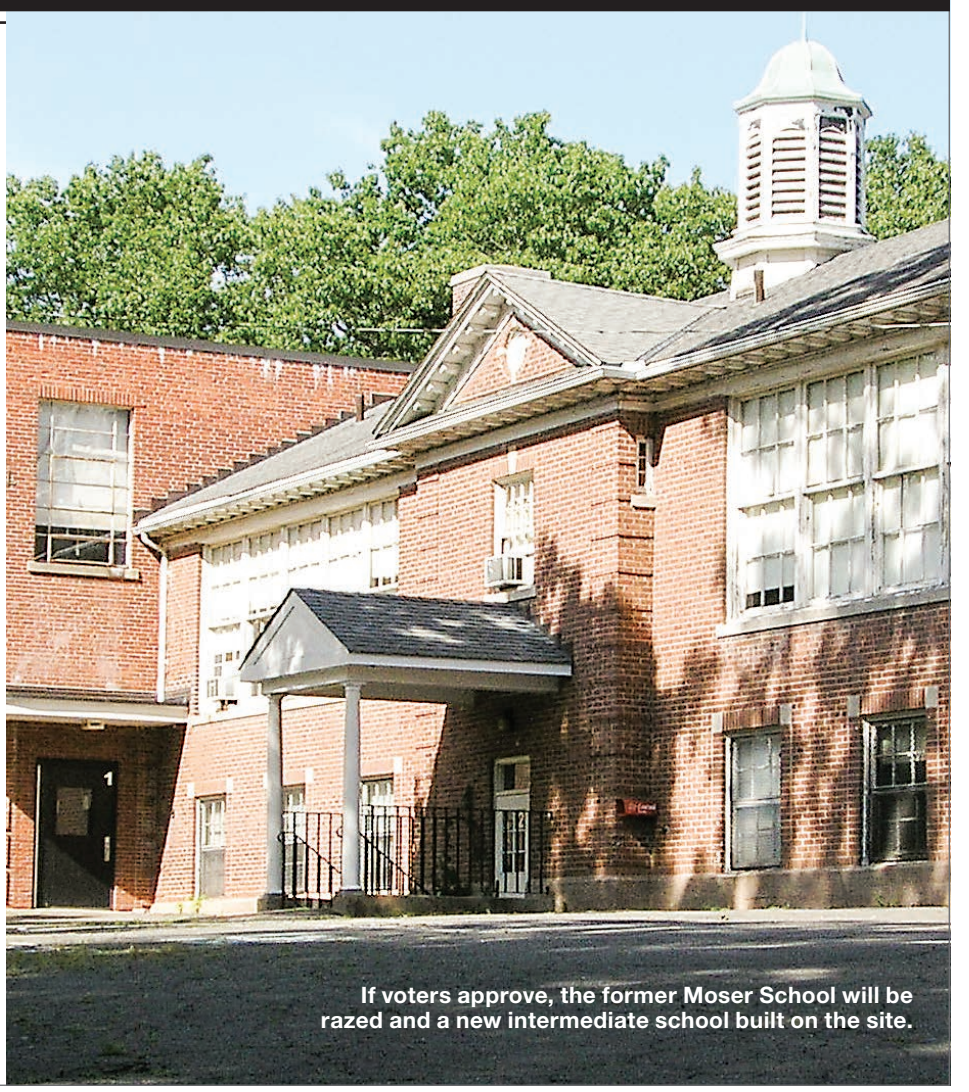


Photo by Mark Jahne

If voters approve, the former Moser School will be razed and a new intermediate school built on the site.

Wethersfield 32nd Annual
Cornfest 2016

Saturday, September 17th
Broad Street Green, Old Wethersfield
10am to 5pm • Rain or Shine

NEW & EXCITING FUN BROUGHT TO YOU BY
INNOVATIVE INFLATABLES

SHOW CAR PIT STOP
Come see the official #88 Nationwide Chevy SS show car

Plus
- Pony Rides
- Hayrides
- Great Food
- Local Vendors
- Crafters
- Business Expo
- Civic Groups & Non-Profits

Best Apple Pie Contest
Submit your pie to our Celebrity Judges.
Winners receive a Gift Card.
Entry forms available on our website!

Presented by
Wethersfield CHAMBER OF COMMERCE

For more details visit:
www.wethersfieldchamber.com
For public safety: No pets, bicycles or skateboards allowed on festival grounds.

New Lower Admission Price $3 • Kids 12 & under FREE!

portable classrooms at West Hill School.

Projected enrollment is 750 students at West Hill – an increase of 30 – and 555 at Stevens School – an increase of 16. They wouldn't be surprised if even more show up.

Enrollment is expected to remain steady at Griswold Middle School and the high school, with expectations of 614 and 735 pupils, respectively.

That means there will be a total of 14 portable classrooms in town, seven at each school. Zito is not pleased with that.

"You're looking at over 300 kids, the majority of their day will be spent in a portable," he said. "Both elementary schools are maxed out."

That's why he and the Board of Education have proposed building a new intermediate school to house grades four and five. That would eliminate the space pressures at West Hill and Stevens.

Courtesy photos

"There's a cost to the portables," Zito said.

Most of the current portable classrooms are rented and the yearly cost to the town is $136,000. Construction of a new school is priced at $48.3 million and 36.4 percent, or $17.2 million, of that would be reimbursed by the state.

That would leave local taxpayers responsible for the remaining $31 million.

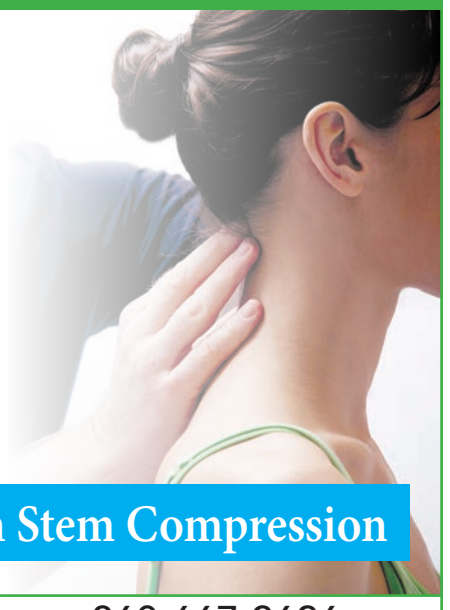
The most likely location for the new school would be the hill currently occupied by the abandoned Moser School on School Street. The old building is in disrepair and considered not suitable for reuse, so it would need to be razed.

"The town owns that land, so it's a site that could be used," Zito said.

He looks upon an intermediate school as an opportunity to implement a curriculum focused on world languages and STEM (science,

UPPER CERVICAL CHIROPRACTIC OF NEW ENGLAND

JUDSON FAMILY CHIROPRACTIC



Specializing in Brain Stem Compression

133 Louis Street • Newington 860-667-3636
www.judsonchiropractic.com

UPPER CERVICAL CHIROPRACTIC OF NEW ENGLAND

Grand Opening Sale!
(Under New Ownership)
10% OFF Sept. 1st - Sept. 10th
Come see what everyone is talking about!

NEW HOURS:
Mon. & Tues. 11am - 5pm
Wed. & Fri. 10am - 6pm
Thurs. 10am - 7pm
Sat. 10am - 5pm

- Senior 10% discount Tuesdays
- Now accepting Little Girl's Dresses
- Bring in your Fall Items
- Call us to sell your furniture

lilymadisonconsignment.com
Like us on facebook

LILY MADISON
CHIC CONSIGNMENT
53 New Britain Ave., Rocky Hill - 860-563-3206

technology, engineering and math) education. It would house a maximum of 582 pupils.

There would be time allotted for social studies, language arts, art, music and physical education. A combined cafeteria and auditorium is part of the plan.

It was standing room only in council chamber Aug. 15 when the Town Council held a public hearing on the intermediate school proposal. Support was unanimous in the room, with both adults and children addressing the council, although there was a difference of opinion over proposed construction materials that a member of the Public Building Commission said could be worked out at a later date.

One parent suggested changing the grade configuration of the new school from 4-5 to 7-8. Another speaker asked that the school be built in the southwest section of town, which does not have a school at present, as it would also provide valuable playing fields.

A political action committee called Stay Invested has been formed to advocate for a new school, headed by Lisa Marotta, a parent and Rocky Hill Education Foundation president.

She said parents have been upset for the past six years about overcrowding in the elementary schools. Others who spoke said the problem has existed much longer than that.

Frank Morse, chairman of the Board of Education, provided a brief overview. He said the board looked to address the overcrowding six years ago by considering the construction of a new elementary school in connection with the high school renovation project, but that would have cost a combined total of more than $100 million, so it was dropped.

The focus then shifted to the needs of the high school and that project was approved and is in process, with a projected completion date of September 2017, according to Zito.

"We have to do something about it now," Morse said of the growing Stevens and West Hill enrollment crisis.

It's not practical to add on to Stevens or Griswold Middle School, he said. There is land available for expansion at West Hill, but that would completely change the environment there.

"Then we'd have a school with 1,000 students, bigger than the high school," Morse said.

He favors tearing down the old school and building a modern educational facility on the Moser site.

"It's mothballed, it's an eyesore, it's time for it to go. It is time for a new school. It's time to get rid of 14 portables," he said.

Adam Palmer of the architectural firm Friar Associates, Inc., gave those in attendance an overview of the design. The concept is to create two floors, with classroom space separated from noisier and busier areas such as the cafeteria/auditorium, administrative offices and gymnasium.

The building is designed at 79,150 square feet and would feature 20 general classrooms and six additional classrooms designed to best serve the new STEM focus, he said. Two of the six would also serve a world language focus.

Palmer agreed with Zito that the Moser parcel makes the best sense for the town.

"It is most logical to use a site that the town already owns and has a history as an educational setting," Palmer said. "Moving fourth and fifth grade here alleviates the population burden and we can remove the portable classrooms."

Construction would require the relocation of the current outdoor basketball court and baseball field and a new playing field would be added for soccer, lacrosse and potentially other sports.

The council voted to put the matter to voters in a referendum on the Nov. 8 ballot. Construction of the new school, if approved, would result in Stevens and West Hill becoming grade K-3 schools.

The new school would be scheduled to open for the 2019-2020 academic year. **RHL**

They're the windows to the soul.

And when they need surgery, our doctors treat them that way.

Trust your eyes to Connecticut's most skilled eye surgeons.

Your eyes are precious. So why take chances with anyone but the most experienced surgeons and the most advanced technology? Our 40 board-certified ophthalmologists perform more cataract and glaucoma surgeries than anyone in Connecticut. And we're just as proud of our outstanding patient satisfaction ratings. To learn more, take a look at **EyeSurgeryCenter.org**.

505 Willard Avenue, Building #3, Newington

Hartford Hospital
Eye Surgery Center

Photos by Lisa Brisson

Marquise Hardwick stands in the lobby of Hartford Stage, where he played Capulet in "Romeo & Juliet" as part of the 10th anniversary season of the Breakdancing Shakespeare series.

A passion for performing

Rocky Hill resident chases his dancing dreams

by Allie Rivera
Staff Writer

The scene is well known. The start of Act III is the turning point of "Romeo and Juliet," one of Shakespeare's most famous works. Mercutio of the house of Montague is slain by Capulet's Tybalt and in a grief-stricken act of revenge, Romeo kills Tybalt, the cousin of the woman he has secretly married.

It's a bloody scene that ends in multiple deaths and a banishment, yet on the dark floor of Hartford Stage, the scene played out differently.

"Breakdancing Shakespeare," now in its 10th year, replaced each of the fight scenes throughout Shakespeare's work with break dancing, a style of street performance that originated in the 1970s. This year, Rocky Hill's Marquise Hardwick, 19, was part of the cast.

"I feel like the fighting replaced with dancing is a really positive message," he said. "Even though it represents fighting, when you dance you have to come together,

The Dental Center, LLC

Our family-centered private practice is welcoming new and existing adult and pediatric patients to our newly renovated, state-of-the-art, dental practice!

David P. Bell, D.M.D.

Barbara Honor, D.M.D.

Brian D. Bell, D.M.D.

www.TheDentalCenterLLC.com
Emergency Patients Welcome
2304 Berlin Turnpike, Newington 860-666-1000
42 Wintonbury Mall, Bloomfield 860-242-1230

Welcome Home to SummerWood!

Experience the SummerWood lifestyle at our award winning senior living community and enjoy a wealth of amenities. *Contact Valerie today to learn more at 860.523.3808 or vbartos@hoffmansummerwood.org*

Hoffman SummerWood Community
A Member of the Hebrew HealthCare Family
160 Simsbury Road, West Hartford www.hoffmansummerwood.org

which I think is what we all really need right now."

"That idea is really where the art of break dancing came from, replacing street violence with dance," Director Nina Pinchin said.

In the show, which premiered at Hartford Stage Aug. 11-13, Hardwick played the role of Capulet, Juliet's father. Choreographed by Brandon Coullotte, the show imbued dance into the storyline wherever possible.

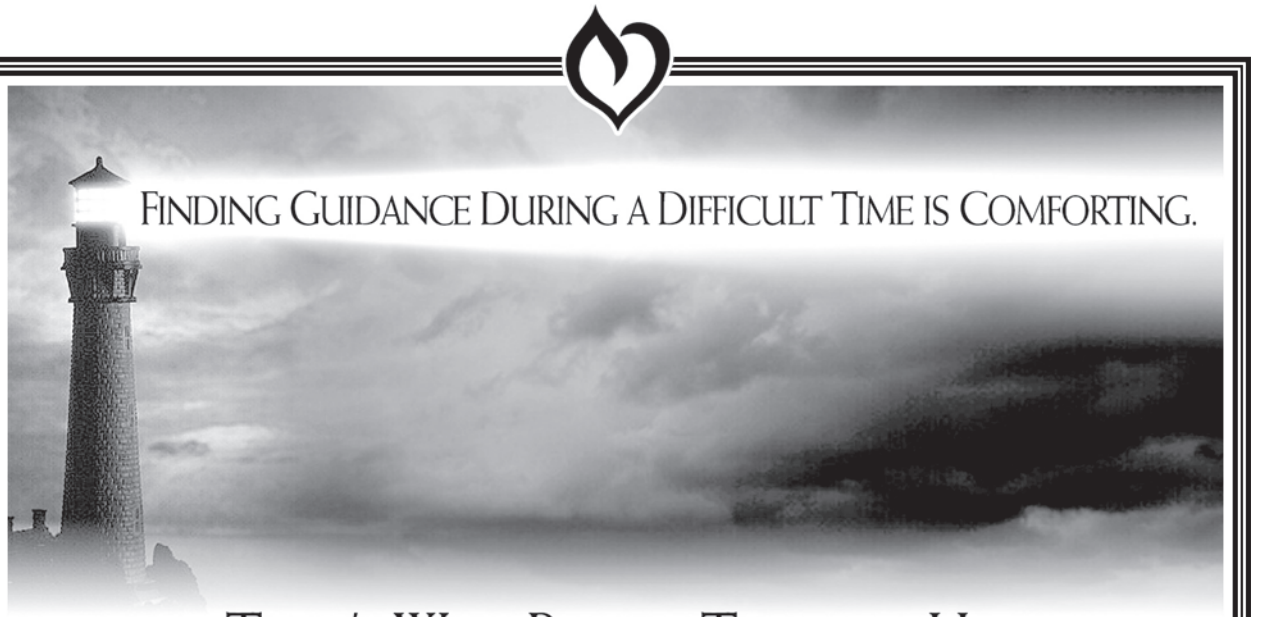
The teenaged cast was dressed in black and white street clothing, only their bright shoelaces of red for Capulet or yellow for Montague distinguishing them.

"These young people are extremely talented and extremely motivated," said Pinchin, who also serves as Hartford Stage's associate director of education. "They're kids, but I think you'll find the show as entertaining as any professional show."

Marquise Hardwick, at top, with cast members of Breakdancing Shakespeare's "Romeo & Juliet."

Honor the life of someone you love with a lasting memorial
860-956-1960
432 Fairfield Avenue, Hartford (across from Cedar Hill Cemetery)
www.mcgoverngranite.com

READ
LIFE
ONLINE AT
www.TurleyCT.com
TurleyCT
COMMUNITY PUBLICATIONS



THAT'S WHY PEOPLE TURN TO US.
DUKSA
FAMILY FUNERAL HOMES
Celebrating Moments · Cherishing Memories · Honoring Lives
BURRITT HILL FUNERAL HOME
332 Burritt Street • New Britain
(860) 229-9021
NEWINGTON MEMORIAL FUNERAL HOME
20 Bonair Avenue • Newington
(860) 666-0600
©Adfinity

LET'S MEET AT THE *Bistro*

Seabury is excited to unveil our beautiful new bistro.

The chef-created menu – featuring à la carte choices, gluten-free and vegetarian options, made-to-order specialties, homemade desserts and pizza fresh from the oven – has been designed to cater to our residents' eclectic tastes. The panoramic mountain view, floor-to-ceiling windows and dual fireplace create a cozy environment for residents to enjoy a leisurely lunch, entertain family and visitors or relax with the paper and a cup of coffee.

Construction is underway on the next two phases of Seabury's expansion, including 68 new independent living residences scheduled to open in the Fall of 2017. We are now accepting applications for residence from adults 50 and over. **Learn more about how to reserve your future home at our monthly informational sessions on every 1st Thursday at 1:30pm and every 3rd Wednesday at 10:30am. Call (860) 243-6081 or (860) 243-4033 for reservations or e-mail info@seaburylife.org.**

Seabury
An Active Life Plan Community

GET Busy LIVING

BEST OF Hartford MAGAZINE 2009 2013 2010 2014 2011 2015 2012 2016

carf ACCREDITED

ICAA

200 SEABURY DRIVE | BLOOMFIELD, CT 06002
(860) 286-0243 | (800) 340-4709
WWW.SEABURYLIFE.ORG | INFO@SEABURYLIFE.ORG

READ LIFE ONLINE AT
www.TurleyCT.com
TurleyCT COMMUNITY PUBLICATIONS

Marquise Hardwick poses with Nina Pinchin, associate director of education for the Hartford Stage.

Being given the opportunity to perform in this show has been an important step in Hardwick's drive to pursue his dream of dancing professionally. Primarily a hip-hop and jazz performer, he only discovered this passion two years ago, but he has been working hard to make up for lost time.

"When I started, I was doing 12 hours a day to catch up," he said. "From the first class I took, I just loved it, though. I can't see myself doing anything else."

A native of Hartford, he moved to Rocky Hill with his mother at age 10. He later completed one year at Rocky Hill High School before finishing his education at the Greater Hartford Academy of the Arts this past spring.

Growing up, dance was never an activity that he even thought about. He used to play basketball and had dreams of some day becoming an attorney, but all of that changed when he took his first dance class with Jolet Creary of Studio 860 in Hartford.

"It went from lawyer to dance in two seconds," Hardwick said with a laugh.

Although he recognized his passion from the moment he started, his friends and family took longer to see his potential as a dancer.

"None of them thought I'd be able to do it," he said. "After a year, though, they could see it because I was putting in so much work."

That work includes travelling to Boston and New York for dance classes in addition to the classes he continues to take in Hartford. This summer he took seven classes per week.

"He's really tenacious and really cares about dance in a passionate way that drips into everything else that he does," Pinchin said. "He sacrifices a lot for his art form."

Hardwick took on his role in "Breakdancing Shakespeare" as he continued to take seven classes per week, but according to Pinchin, he never tired of what he was doing.

"I remember once during rehearsals Marquise leaned over and whispered to me with this excitement on his face, 'it's like taking a free class,'" Pinchin recalled. "Most teens don't view these tough rehearsals like that, but he does."

"Breakdancing Shakespeare" provided him an opportunity to not only dance, but to learn about areas with which he was not already familiar.

Fresh, new and just for you!

Choose a newly renovated apartment at The Heights.

You'll enjoy the best of independent living and be part of a vibrant, fun-loving senior living community. You'll also have priority access to our full continuum of health care services.

Your new apartment is ready. Leave the maintenance and worries behind.

New carpet, paint and window treatments for every spacious room

New kitchen with new cabinets, elegant new lighting, granite counters and stainless steel appliances

New bath with new vanity, granite counters and travertine tile

MOVE-IN SPECIAL

We make your move easy!

The Heights is a rental community, so there's **no buy-in or entrance fee.** Even better, if you move in soon, you'll get these added values:

- **FREE!** First Month's Rent
- **Up to $1,000** toward a Downsizing Specialist and Moving Company Services

550 Avery Heights • Hartford, CT 06106

Come explore The Heights

Join us for an Open House and Luncheon:

Sat., Sept. 10th and Wed., Sept. 21st.
Event starts at 10:45 a.m.

For more information, or to RSVP for upcoming events, call:

860-953-1201
ext 403

The Heights
Avery Heights • A Village of CHI

"I don't break dance usually, but I wanted to learn," he said. "I do hip-hop and jazz mainly, but I study all of it. I know I can't be perfect at everything, but I want to at least be proficient."

"Breakdancing Shakespeare" was his first foray into the world of acting, which he said made him more nervous than the dancing aspects.

"I've never done it before, so my main focus is on projecting and getting my voice heard," he said.

Though Hardwick said he was nervous about this aspect, Pinchin did not show similar concerns about his talents.

"I think he is humble," she said. "I think he's doing a great job, it's just new to him."

In addition to taking seven classes per week and rehearsing for the show, he also works at the Subway inside the Rocky Hill Walmart and at Connecticut Shirt Man in East Hartford to help pay for his classes.

"I don't really sleep much," he said with a laugh.

Hardwick is hoping to jump start his professional dance career by moving to Los Angeles in March and auditioning at UCLA.

"He's really tenacious and really cares about dance in a passionate way that drips into everything else that he does."

–Nina Pinchin

"There are a lot more opportunities out there," he said. "I'm going out there on my own, but my mom is 100 percent on board and supportive of me, as long as I'm still going to school."

In addition to his mother, he has the support of the rest of his family, including a younger brother, older brother and older sister.

"They're all very supportive," he said. "They understand that I've got tunnel vision on this right now."

Though still relatively new to the dance world, he is excited to pursue his passion and encourages others to also search for what brings them joy.

"When you really do what you love, it makes you happy," he said. "I think the biggest thing for me out of life is that I want to be a professional dancer and I will do everything and strive to get there." **RHL**

SILAS DEANE AUTO
REPAIR | ALIGNMENT | SALES
WINNER BEST OF ROCKY HILL 2016

STANDARD OIL CHANGE
$10 OFF
✓Includes Napa ProSelect Filter *Most Cars
✓Starts at about $20 w/Coupon
✓Taxes & Disposal Fees Additional
✓Call or Email us for an Appointment
Chevron Supreme
✓5w20 ✓5w30 Napa ✓10w30

BRAKE SPECIAL
Save As Much As $100
✓$40 OFF Front Brake Pads/Rotors
✓$40 OFF Rear Brake Pads/Rotors
✓$20 OFF Brake Fluid Flush

SYNTHETIC OIL CHANGE
$15 OFF
✓Includes Napa Gold Filter *Most Cars
✓Napa Oil Starts about $35 w/Coupon
✓Mobil1 Oil Starts about $49 w/Coupon
✓Taxes & Disposal Fees Additional
✓Call or Email us for an Appointment
NAPA SYNTHETIC ✓0w20 ✓5w30 ✓5w20 ✓10w30
Mobil1 ✓0w20 ✓5w20 ✓0w30 ✓5w30 ✓0w40 ✓5w40

GREAT TIRE PRICES
Save Up To 35% OFF REGULAR RETAIL PRICES
✓All Tire Makes Included
✓Call or Email us For a Quote
✓Contact With Any Questions

LOYALTY DISCOUNT
Valid Only on Prior Quotes From Jan 2016 – Aug 25th 2016
10% OFF
✓Did We Recommend a Repair? Not Done Yet?
✓We Will Take 10% OFF Prior Recommended Repairs
✓Can Not Be Combine With Other Discounts
✓Not Included: Dealer Parts, Tires or Batteries
LIFE-8 Expires 10-31-16

WHEEL ALIGNMENT
$69.99
✓Center Steering Wheel
✓Correct Drifting or Pulling
✓Some Vehicles Require Additional Parts/Labor
✓Lowered Vehicles Welcome But Additional

QUALITY PRE-OWNED CARS & TRUCKS

860-436-6211
Weekdays 7-6 | Sat 7-2
1801 Silas Deane Hwy
Rocky Hill, CT 06067
Sales@SilasDeaneAuto.com

Instant injury. Instant care.

Walk-in Urgent Orthopedic Care for All Ages

Treating a wide range of acute orthopedic injuries including sports injuries, sprains, fractures, and dislocations.

Fast & Affordable:
Avoid long waits and high costs of ER

Convenient:
Open 7 days a week including nights and weekends

Comprehensive:
In-house x-rays, casting, and priority follow-up with one of our 50 specialists

Open in Farmington & Glastonbury
7 days a week. No appointment needed.
Monday – Friday 4:30pm-8:00pm
Saturdays and Sundays 9:00am-1:00pm

Orthopedic Associates of Hartford Urgent Care
TWO LOCATIONS:
Farmington – 499 Farmington Ave.
Glastonbury – 345 Western Blvd.
860-244-8888 • www.oahct.com

Orthopedic Associates of Hartford – Leaders in Orthopedic Care for Over 45 Years

READ LIFE ONLINE AT www.TurleyCT.com

Uptown Consignment turns 25

Shop started with two employees, now has three locations

by Mara Dresner
Staff Writer

Rocky Hill may have turned into a little slice of heaven for consignment shoppers, but when Barbara Capenera and her husband Ralph opened Uptown Consignment 25 years ago, the concept was new to the area.

She first was introduced to the idea when they were visiting his parents in Florida. While her husband and his father went out to play golf, she went shopping with her mother-in-law.

Barbara Capenera, owner of Uptown Consignment, second from right, poses with, from left, staffers Paris Colopy, Paige Kolakowski, Manager Carol Carbone and Assistant Manager Angelica Mollica.

Photo by Mara Dresner

"It was a really small store. You couldn't put more than eight or 10 people in it. I found a great jumpsuit. It was red and it was only eight bucks. I asked, 'Why is this only $8?'" she recalled.

Capenera was also struck by the fact that while the store was floor-to-ceiling clothes and there was only one of everything. When she showed Ralph her purchase, he was equally excited.

"He couldn't believe it was only $8. When I told him the concept, he's the one who said, 'This is the greatest idea ever.' When we came back to Connecticut, we did some research. There was really nothing like it that existed at the time, [a store with] brand names, clean, organized. So Ralph and I thought we should try opening up here."

Finding their location on Cromwell Avenue was a stroke of luck.

"We lived in Wethersfield at the time and Ralph had to get on the highway for something. There was a guy on the side of the road who had run out of gas. He had a little girl with him, so Ralph took the guy and the little girl to go get gas," she said.

"I guess the guy didn't have the money, so Ralph gave him the money, and it was right in front of the plaza, and the space was empty. It was the first time he had looked at this location."

He called the landlord and the rest is history.

"It wasn't like he was really looking," Capenera said.

The business was small at first.

"It started with me and one part-time person and I worked seven days a week for 10 years. I did not take any vacations at all, but I loved it, and I was excited to be here and it was just a great business to get into," she said.

"In the beginning, Ralph's whole marketing was to educate people on consignment. People didn't really know what it was. It was all about teaching and educating people to bring in the clothing they no longer wear, that no longer fits, that their child doesn't fit into, to bring those items in and to make money on them. Out of the gate, it took off like crazy."

The original store was much smaller than the current location. When the neighboring book store moved, Uptown Consignment expanded.

"We doubled in size in less than two years," Capenera, who now lives in Rocky Hill, said.

The original store was 2,000 square feet and grew to 4,000 square feet. They also expanded to be open seven days a week.

There was more growth to follow. Another store opened in South Windsor 10 years ago. That location has 9,000 square feet. A third shop opened about five years ago in Southington.

Merry Maids is

Dependable, thorough cleaning • Bonded & Insured
Satisfaction Guaranteed • Can provide other home-care services
Loyalty/Referral Programs • Easily Customizable Cleaning
Outstanding Customer Service Strategies • Extensively Trained Employees

merry maids®
One less thing to worry about.
Gift Certificates Available
860-563-8367
email: merrymaids.buckridge@gmail.com

It's Back-To-School Time!

It's the perfect time for a Full House Cleaning!!

$99.00 OFF
$33.00 Off First Full House Cleaning
$33.00 Off 5th & 10th Cleaning.
New customers only
Not valid with other offers.

CARPET CLEANING SPECIAL
$10.00 OFF
with minimum of 4 carpeted areas.
Not valid with other offers.

$15.00 OFF
any window service. Minimum of 8 windows.
Not valid with other offers.

$20.00 OFF
any power washing or gutter cleaning service.
Not valid with other offers.

www.merrymaids.com

47th Annual (rain or shine)
Simsbury Woman's Club Presents
Arts & Crafts FESTIVAL
Over 100 Juried Artists and Crafts Persons
Saturday and Sunday
September 17th & 18th, 2016
10 am to 5 pm
Food, Drink and Baked Goods
Valley Collector Cars On Display
Your support makes it possible for the Club to award three scholarships and to contribute to a number of local charitable organizations.
Iron Horse Blvd., Simsbury
1 Block East of Rts 10/202 in the center of town
simsburywomansclub.org Member of General Federation of Women's Clubs
FREE ADMISSION • FREE PARKING

READ LIFE ONLINE AT
www.TurleyCT.com
Turleyct COMMUNITY PUBLICATIONS

"We started with two people and we now have 48," she said.

The concept for the shop is the same now as it was in the beginning.

"It was to strictly take in style, in season, in great condition brand-name clothing and to stick with that concept from day one and sell them at a price point of up to 80 percent off retail," Capenera said.

Most of her customers both consign and shop at the store.

Vicki Kulas of Windsor shops at both the Rocky Hill and South Windsor locations. She stops in at least twice a week.

"Sometimes, I buy something, bring it home, say, 'Why did I pick this?' and turn around and re-consign it," she said with a laugh. "They get a lot of really good designer stuff in there. They're really fussy. They're very critical with the stuff they take in."

Kulas said the store makes it easier to purchase an entire outfit, including jewelry.

"I'd say 90 percent of my wardrobe is bought here. A lot of the items here have brand-new tags on them," she said.

Capenera, who once worked at Sage-Allen in the Wethersfield Shopping Center, said she's always been interested in fashion.

"I used to read magazines, look at things, but I could never afford to buy. From when I was very young, I always loved fashion, but we could never afford it," she said.

"There were five children in the family. My mom was very ill. She was on dialysis and couldn't work. We went shopping in second-hand stores," she added. "I [also] got hand-me-downs from an aunt who was very fashionable."

Her own style is a mix of everything.

"I love boho, I love New York chic, I love simple. Sometimes I'll just do a pair of ripped-up jeans and a T-shirt. For me, it's everything. You never know what I'm going to wear. I'm kind of all over the place," she said.

"That's what's great about consignment. You can get summer dresses or a dress shirt with a skirt for work to shorts and a T-shirt."

The business has evolved over time.

"It's changed because people are more educated about resale. They love the recycling concept and supporting a small business. We encourage our customers and staff to recycle everything, that's an important part of our business," she said.

"I love consignment. I love to see what comes in every day. It's exciting. It's like Christmas."
–Barbara Capenera

"I think the biggest change over the years was we went from hand writing everything and having folders to computers. We average taking in 1,000-plus pieces a day in our stores. We take up to 1,500 or more at times. That's what we accept, not what we turn away.

"We're very high volume. The computer systems makes it much easier to inventory. Customers can check the balance of their accounts online. Customers trust us with their merchandise," she added.

"Our reputation to sell items quickly keeps customers coming back. I think a lot is our customer service, the friendliness of our staff and the fact we know customers by name."

The store is also active on social media such as Instagram, Snapchat, Facebook and Pinterest. Within her staff is a management team of 10 that includes managers, assistant managers and junior assistant managers.

"It gives staff an opportunity to grow with our business. "I have a great staff. They brighten my day. As busy as we get sometimes, they're all still laughing; they're all still having fun. They love their jobs," Capenera said.

"It's important to have a staff that loves people. Uptown's all about our customers. They're why we're here, so we're very appreciative of that."

The store recently did a survey to get feedback. When customers use the money in their accounts to shop at the store, they receive an extra 10 percent discount. Customers can also keep a wish list to be contacted if a certain item comes in.

Capenera and her staff are constantly doing research for both styles and prices.

"Lilly Pulitzer became very popular. It came back big time the last couple of years; we can't ever keep enough of that in stock," she said. "Our biggest wish is the Neverfull Louis Vuitton bag. Any time that one comes in, it's gone within five minutes."

Designer handbags and costume jewelry are both popular. Customers sometimes bring in more unusual items.

"People have brought us in the stoles with the raccoon faces," Capenera said with a laugh, emphasizing that the store does not accept them.

Her business is popular outside the area. It receives shipments from New York City, California and Florida. Even after so long in business, Capenera still enjoys coming to work.

"I love my customers. I love seeing them. I've gotten to know them after 25 years. I love meeting new people," she said.

"I'm excited about consignment. I love consignment. I love to see what comes in every day. It's exciting. It's like Christmas." **RHL**

Uptown Consignment is located at 781 Cromwell Ave. Call 860-257-1661 or visit uptownconsignment.com.

People notes

Julia Signor earned a BSBA degree from Nichols College.

Charles Spellman was named to the provost's list at St. Francis University.

Megan Ruonavaara was named to the dean's list at Stonehill College.

Nabihah Ahmed, Reva Apte, Katarzyna Baliga, Arthur Baranski, Almira Cecunjanin, Saima Cecunjanin, Numad Cheema, Aaron Dematta, Mackenzie Freeman, Andrew Harshaw, Rachel Haze, Nathan Hock, Derrick Holmes, Holly Knoechel, Andrew Kohanski, Paige Kolakowski, Steven Kolakowski Jr., Andrus Maandi, Kristjan Maandi, Daniel Madigan, Amanda Masciadrelli, Erica Masciadrelli, Alexandra Mastorakis, Erinn Maxwell, Janine Mouland, Anishaa Mukherjee, Zain Nasir, Sabrina Ortiz, Andrew Paluch, Erica Petropopulos, Marisa Pietrandrea, Paras Shah, Christopher Shank, Ryan Steinman, Andrew Watson, Mateusz Wilkowski, Mark Zebrowski and **Shaharyar Zuberi** were named to the dean's list at the University of Connecticut.

Saranya Tadikonda, Andi Dur, Tej Patel, Brooke Dunnery and **Brianna Hollister** earned high honors at the University High School of Science and Engineering. **Dominick Hollister, C-linton Palmeri, Jeremy Prema, Neil Patel** and **Anxhela Mete** earned honors.

Jessie Canfield, Holly Jurcik and **Jeffrey Mikula** were named to the president's list at Goodwin College.

Paris Kuzoian, Stefen Lonero, Jessica Markowski and **Sarah Slowik** were named to the dean's list at Roger Williams University.

Humairaa Bhura, John Boison, Leny Godin, Sebastian Herrera, Kristen Lauria, Briana Marshall, Ankita Patel, Ryan Reinsch, Taylor Rocco, Daniel Smigel and **Johannah Veinot** were named to the dean's list at the University of Hartford.

Nicholas Herrmann, Nicholas Klatt and **Kelly Clancy** were named to the president's list at Western New England University.

Katarzyna Arnold, Daniel Kraynak, Amanda Landry, Amanda Sachs and **Alexandra Sliwka** were named to the dean's list at Tunxis Community College.

Rubeena Abraham, Jessie Canfield, Christina Cox, Victoria DeNino, Deena DePaolis, Crystal Flores, Holly Jurcik, Zachary Leveton, Jordan Massa, Angela Mihalick, Jeffrey Mikula, Geycel Muniz and **Kyra Whalen** were named to the dean's list at Goodwin College.

Spencer O'Brien, Isabella Garzone and **Evan Choquette** were named to the dean's list at Western New England University.

Jenna Lynn Marzilli was named to the dean's list at Clemson University.

Megan Rowe was named to the dean's list at Marist College.

Morgan Parotta earned first honors for the fourth marking period at Mercy High School. **Madison Swilling, Alyssa Scandura, Eugenia Cho, Lan Lou, Martha Johnson, Jessica Grodovich, Madison Bradley, Junkai "Apple" Hu, Kellyanne Cahill** and **Brooklyn Bradley** earned high honors. **Daniella Rocamora** earned second honors.

Justin Barron, Skylar Barron, Robert Downes, Jordan Korn, Karishma Lawrence, Matthew Miano, Hannah Rowland and **Mark Sheehan** were named to the honor roll at Kingswood Oxford School.

Alexia Gooden was named to the dean's list at American International College.

Sydney Greenspan was named to the dean's list in the School of Health Sciences and Human Performance at Ithaca College, as well as the president's list for the Empire 8 Athletic Conference. RHL

Getting Married?

Let us know!

LIFE is interested in publishing engagement and wedding announcements.
Send them to LIFE Editor
at 540 Hopmeadow Street,
Simsbury, CT 06070
or e-mail aalbair@turleyct.com.
There is no charge.

30+ Years of Honesty, Integrity & Service

Sara W. Felter
GRI, CRS

(860) 573-8008
sara.felter@cbmoves.com
www.sarafelter.com

COLDWELL BANKER

1331 Silas Deane Hwy.
Wethersfield

Brook Wealth Management, LLC
Your Bridge to Financial Success

DREAMS DON'T RETIRE

We encourage you to enjoy the wealth you've worked so hard to build while helping to preserve it at the same time. After all, true wealth is not about money; it's about the experiences we share with those we love.

UPCOMING EVENTS IN OUR OFFICE

Alternatives to Traditional Savings
September 20th • 6:00pm-7:30pm
With rates as low as they are, where can the cautious investor turn to find yield for their principal protected assets?

Planning for Your Long-Term Care Needs Workshop
October 25th • 6:00pm-7:30pm
• To help prepare you for the unexpected
• Cover the risk of needing long-term care
• What funding sources are available for long-term care
• Is long-term care insurance the right choice for you

Registration
https://www.facebook.com/brookwealthmanagement/events
Seating is limited. Register today!

1090 Elm Street, Suite 102, Rocky Hill
Telephone: 860 257-8688 Fax: 860 257-8690 www.brookwealth.com

Private Wealth Management For Select Individuals
Securities offered through LPL Financial, Member FINRA/SIPC

Photos by Allie Rivera

Volunteers from Rocky Hill-based Oasis of Life Church help unload fresh produce from the Mobile Foodshare truck.

A helping hand

Oasis of Life Church volunteers with the Mobile Foodshare program

by Allie Rivera
Staff Writer

For many families in Rocky Hill and all over Greater Hartford, putting dinner on the table each night is not assured. Members of Oasis of Life Christian Church on Cromwell Avenue are working to change that.

For the past four years, Oasis of Life has partnered with Foodshare, a Bloomfield-based organization that works to alleviate hunger. According to statistics from its website, there are roughly 137,000 people in Hartford and Tolland counties who face consistent hunger.

Through its efforts, Foodshare was able to provide sustenance for 11.5 million meals last year. One way it is able to do this is through the Mobile Foodshare program, which is how those at Oasis of Life got involved.

"Basically it's like a big Coca-Cola truck with the sides that slide up," the Rev. Jack Chamis, pastor at Oasis of Life, said. "It's supposed to be healthy foods that, if you're a lower-income family, you may not be able to afford."

Church volunteers sign up to staff the Mobile Foodshare every other Friday throughout the year.

"If it's 0 degrees or 100, we're out there," Chamis said. "I think we've only cancelled once in four years and that was because the weather was so bad that the truck couldn't make it."

The Mobile Foodshare truck is stocked with fresh fruits and vegetables that are available to those in need at no cost. Most of the people who are helped by the program are children and the elderly, but he said there is a wide range of people who come out throughout the year.

"I think the big issue, especially in Connecticut, is you have people who are working but don't make enough money to provide," Chamis said.

Foodshare gets its produce and food products almost entirely from donations at both the wholesale and retail level, including from local farms. Fair Weather Acres on Cromwell Avenue is one of the larger contributors to the Rocky Hill Mobile Foodshare stop.

"Their donation is such a blessing," church member and volunteer Wanda Matlega said.

GILBERT FARM LLC
NATIVE TOMATOES!!
Our Very Own Native Corn
Butter & Sugar • Yellow • Silver Queen
Also available, Fresh Picked Daily from Our Fields:
Squash • Beans • Pickles • Eggplant
Cukes • Honey • Peppers (Hot & Sweet)
730 Elm Street ▪ Rocky Hill
Corner of Gilbert Ave & Elm Street
860.571.0373
Open Daily 9AM - 6PM
LIKE US ON facebook
Rt 3 Gilbert Farm Rt 160 Rt 99

It's Time to
Connect Your Business
Call us today at 860.651.4700, and let's talk about a print and online media plan that fits your business's needs and budget.
TurleyCT
COMMUNITY PUBLICATIONS
The West Hartford Press • The Valley Press
Valley Life • West Hartford Life • Rocky Hill Life
Wethersfield Life • Glastonbury Life • Newington Life
860.651.4700
www.TurleyCT.com

"It's good, fresh produce and it's all free."

Mobile Foodshare stops at Elm Ridge Park at 1:30 in the afternoon, but people looking for food begin lining up more than an hour beforehand.

"We typically get over 100 people in the summertime. The highest we ever had was 182 people," Chamis said. "We've been out there in 5 or 10 degree weather and we still get 60 to 80 people, so you see there's a real need."

Church members are happy to volunteer their time and efforts, even on freezing or sweltering days.

"We like to do as many things for the community as we can," Matlega said, looking out at the line of people on a hot July afternoon. "We knew this was a good program. A lot of times we feel more rewarded than they are."

Volunteering with Mobile Foodshare and other charitable programs is more than just a community service to Chamis. It is living out the words of the Bible.

"It's not just about preaching to people, but helping people," Chamis said. "It's about how to bring the love of Christ to people, not so much in preaching, but in actually demonstrating it. Less words, more action."

Chamis said that, in many ways, actually living a Christian life is often far more difficult than simply talking about it, but he feels it is an important example to set for his congregation and the community at large.

"What would it mean to live out the gospel of Jesus Christ, to really live it out, and that's what we're trying to do," he said. "It's not complicated, it's just hard." **RHL**

"I think the big issue, especially in Connecticut, is you have people who are working but don't make enough money to provide."

–Rev. Jack Chamis

Photos by Allie Rivera

Local farms that donate fruits and vegetables to Mobile Foodshare have also begun giving plants so that people can grow their own vegetables at home.

Save with your award-winning local GEICO agent!

Get a free insurance quote from David Johnson, the 2016 Newington's "Best Of" Insurance Agency winner and see how much you could save.

BEST of Newington 2016

860-667-0877
2315 Berlin Turnpike | Newington

GEICO Local Office

Some discounts, coverages, payment plans and features are not available in all states or all GEICO companies. GEICO is a registered service mark of Government Employees Insurance Company, Washington, D.C. 20076; a Berkshire Hathaway Inc. subsidiary. GEICO Gecko image © 1999-2016. © 2016 GEICO

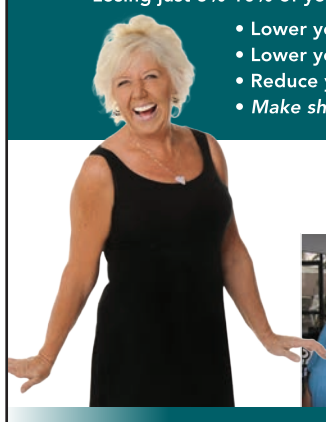
MEDI-WEIGHTLOSS® WETHERSFIELD IS NOW AN IN-NETWORK PROVIDER WITH Anthem BlueCross BlueShield*

Our comprehensive, clinically proven program makes us The One That Works!®

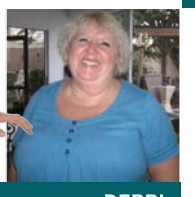
Eva Imperial, MD

Losing just 5%-10% of your body weight can:

- Lower your blood pressure
- Lower your diabetes risk
- Reduce your bad cholesterol levels
- *Make shopping a lot more fun*



BEFORE



DEBBI
ACTUAL PATIENT

PHYSICIAN-SUPERVISED WEIGHT LOSS

135 pounds lost†
8.4% drop in blood sugar
73% drop in triglycerides
15% drop in blood pressure
18" lost from waist

MEDI WEIGHTLOSS
The one that works!®

WETHERSFIELD
1283 Silas Deane Hwy.
Wethersfield, CT 06109
860.249.8659
MediWeightloss.com

*Not all products and/or services may be covered. Contact your carrier for details.
† On average, patients compliant with the Medi-Weightloss® Program lose 6.4 pounds the first week and 14 pounds the first month. Rapid weight loss may be associated with certain medical conditions and should only be considered by those who are medically appropriate. © 2016 Medi IP, LLC. All Rights Reserved.

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

Photos by Mark Jahne

Growing together

Teenagers and senior citizens form gardening group

From left to right: Marlene O'Leary helps prepare the makings of a salad; Aditya Paricharak cuts scallions; Maryellen Arsenault grates carrots; middle school student Alex Pugliese places freshly cut fruit on wooden skewers.

by Mark Jahne
Editor

The joy of working in the garden and growing flowers, fruits and vegetables is not limited to any age group. So the town decided to form a gardening program consisting of teenagers and senior citizens.

They meet on Thursday mornings to till the soil together. They have also weeded around the town-owned Kennedy House on Old Main Street and one Thursday afternoon went on a field trip to the Wethersfield Farmers' Market.

Each participant had a short list of ingredients he or she needed to procure for summer salads they were planning to enjoy. One girl set off in search of cucumbers, another to find tomatoes, and so forth.

Town staff members Lori Stanczyc and Cathy Sylvester are helping to coordinate the program. Stanczyc is the head of youth services for the town Human Services Department and Sylvester is the coordinator of senior activities for the Parks and Recreation Department.

"This is called an intergenerational garden program," Stanczyc said. "It's a great team. We started about five years ago. We've been growing vegetables for the food pantry."

That includes tending a garden plot behind the town-owned Kennedy House on Old Main Street.

Most of the older participants have gardening experience so they teach the younger members. Flyers were circulated at the senior center and Griswold Middle School to recruit participants. There are three senior citizens and 10 teenagers in this summer's group.

Stanczyc said a local farm

SHOW CAR PIT STOP
Come see the official #88 Nationwide Chevy SS show car.
Saturday, September 17, 10:00 AM - 4:00 PM
At Cornfest, Broad Street Green,
Wethersfield, CT 06109
Chris Lyons
Lyons & Wraight Insurance
Phone: (860)257-0022
clyonsagency@gmail.com
Nationwide
88
Official Sponsor of the No. 88 team
© 2016 Hendrick Motorsports, LLC. The name, likeness and signature of Dale Earnhardt Jr. and the likeness of the #88 Nationwide Chevrolet SS are used with permission of Hendrick Motorsports, LLC. Nationwide, the Nationwide N and Eagle and Nationwide is On Your Side are service market of Nationwide Mutual Insurance Company. © 2016 Nationwide Mutual Insurance Company. NPC-0312AO-021600

Photo by Mark Jahne

Participants in the intergenerational program tend this garden plot behind the town-owned Kennedy House on Old Main Street.

donated plants to the program and they all toured the farm. Library Director Mary Hogan presented a class on composting.

Middle school pupil Sri Sunkara was asked why she signed up for this program.

"First, it was to have something to do in the summer," she said.

She has found it to be fun and educational. Sri quickly realized that she enjoys gardening.

Fellow student Alex Pugliese also finds the activity enjoyable.

"I like helping in the community and I thought it was a fun thing to do," she said.

Aditya Paricharak was looking for something to do this summer. He spoke while taking a momentary break from turning avocadoes into guacamole.

"I like to work with the kids and I like gardening," senior Marlene O'Leary said.

She has enjoyed getting to know the young people in the group.

"I do it to get in touch with kids in their teen years. My boys are all grown up," Maryellen Arsenault said. **RHL**

Open House
September 8th
5pm-8pm
Demos & Meet
the Teachers

Registration:
September 1st & 2nd
8th & 9th
1pm-6pm

dfx
Studios

Training, Performance Opportunities, all things entertainment!
Developing the Next Generation of Performers

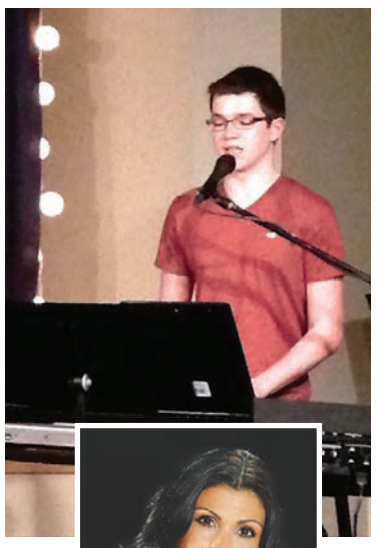
Juniors: *Ages 8 thru 15*
Pre- Professional: *Ages 16 thru adult*

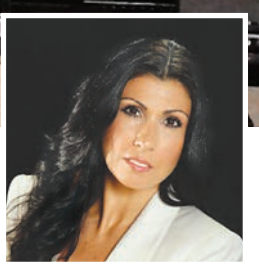
Our Dedicated Teachers are ***Industry Professionals***

On-going Classes In:
Dance - Jazz, Hip Hop, Tap, Ballet, Technique, Contemporary
Voice - Classical, Contemporary & Pop Mash Ups

Specialty Classes In:
Make Up For Stage, Song Writing, Music Video Classes,
Artist Development, Audition Prep, Cartooning, Acting,
Musical Theatre and More.

Register at the Studio
2162 Silas Deane Highway, Rocky Hill, CT 06067
860-721-0182 www.dfxent.com





Nicole Cassarino-Conlon
Creative Director

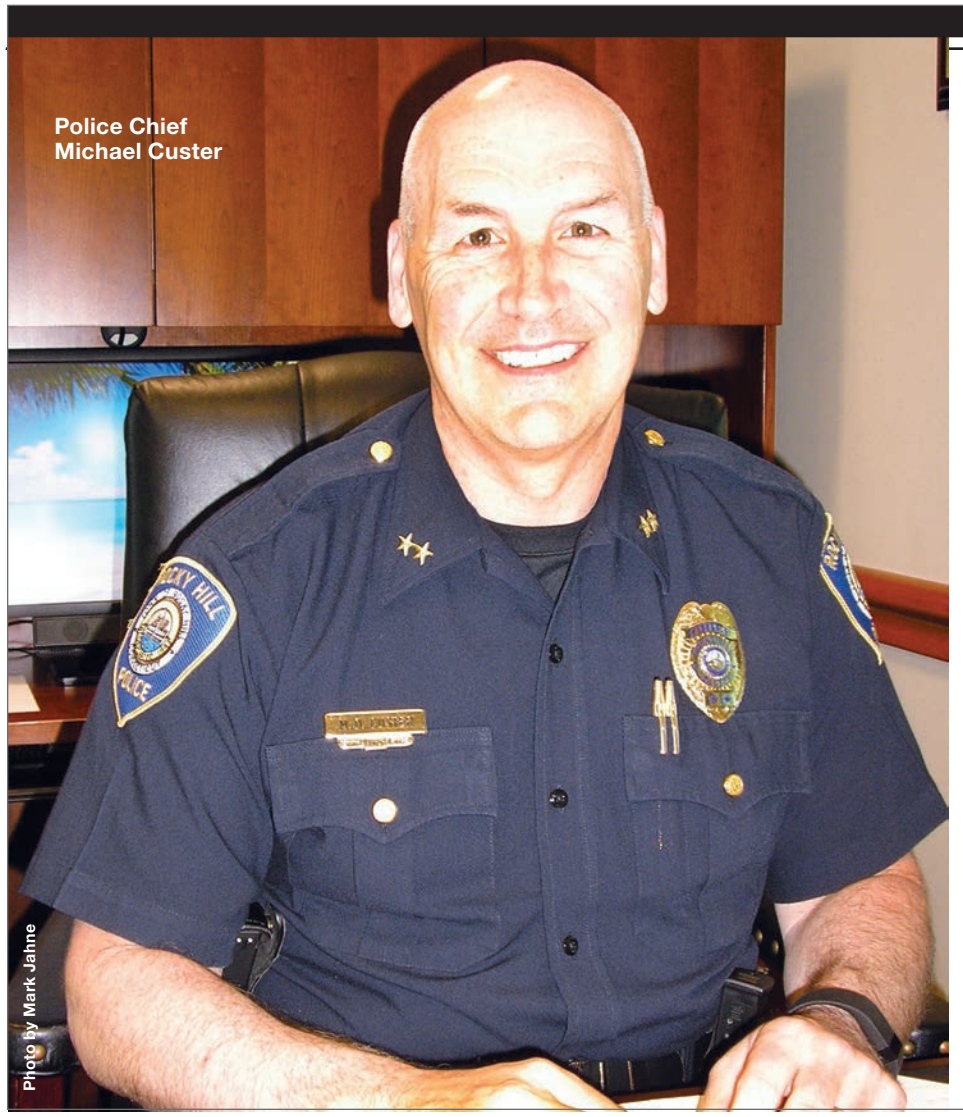

Police Chief Michael Custer

Photo by Mark Jahne

Dealing with VIOLENCE

Police chief discusses police shootings, race relations and more

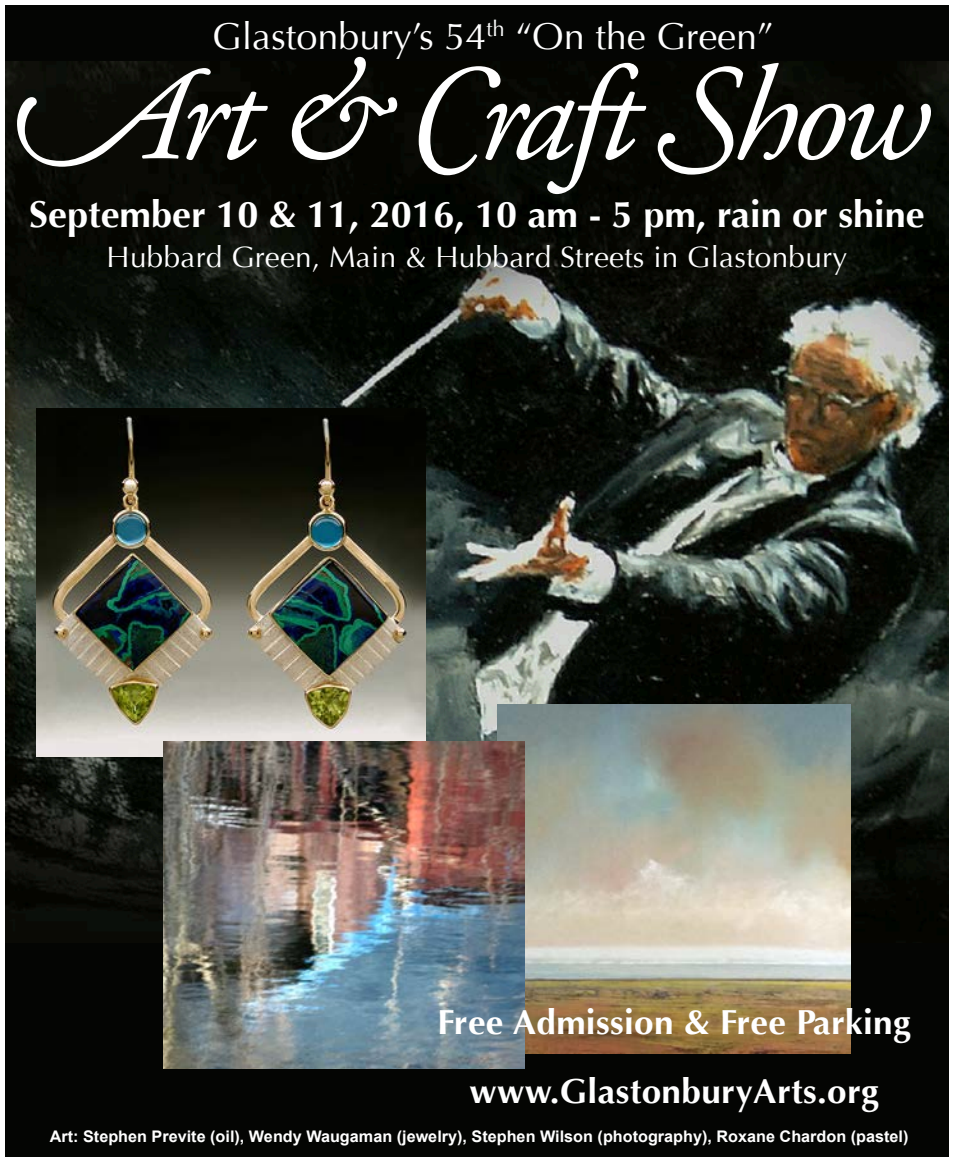
by Mark Jahne
Editor

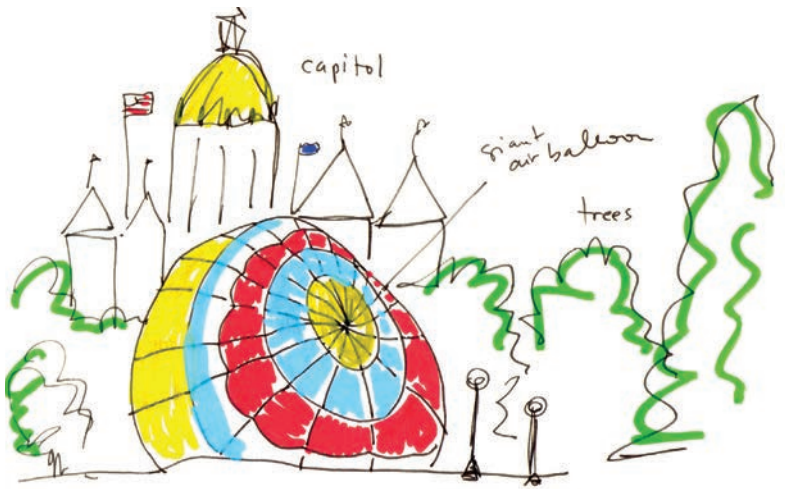
The world of law enforcement has experienced a dramatic change in recent weeks following the premeditated killing of police officers in Dallas, Texas, and Baton Rouge, La. It is also reeling from increased attention brought to cases involving the deaths of black men in altercations with white cops.

LIFE asked Police Chief Michael Custer to share his thoughts on these topics and to discuss how much impact all of this has had on the men and women who patrol the streets of Rocky Hill every day and night.

"It's taken race relations to a whole new level, and not a good one," he said. "The officers are very cognizant of what is portrayed in the media. It's always in the back of their minds."

He said they are learning to live with the reality that, even during minor incidents and seemingly mundane interactions with the public, people are close by


Glastonbury's 54th "On the Green"
Art & Craft Show
September 10 & 11, 2016, 10 am - 5 pm, rain or shine
Hubbard Green, Main & Hubbard Streets in Glastonbury
Free Admission & Free Parking
www.GlastonburyArts.org
Art: Stephen Previte (oil), Wendy Waugaman (jewelry), Stephen Wilson (photography), Roxane Chardon (pastel)



Don't miss Envisionfest Hartford on Saturday, September 17! Enjoy over 100 completely FREE events, activities and performances as well as free admission to the Wadsworth Atheneum Museum of Art and the Connecticut Science Center. Try yoga or Zumba on Burr Mall, head to the library for Hip Hop Nation 2016, featuring workshops, performances and breakdancing, take a trip to the top of the Travelers Tower, play giant games in Bushnell Park, shop at the Envisionfest Marketplace, and so much more.

SATURDAY, SEPTEMBER 17
ENVISIONFEST HARTFORD
ACTIVITIES BEGIN AT 9 AM | FREE

DOWNTOWN HARTFORD THE NEXT PLAN

The full Envisionfest schedule will be announced in September at envisionfesthartford.com.

recording everything that happens on their smart phones.

The problem, Custer said, is that when this video comes out in high-profile cases, only brief snippets are shown, not the entire video. Those snippets do not reveal the entire story of what happened and how the incident escalated.

He recalled the 1991 arrest of Rodney King in Los Angeles as the first case that in which privately shot video was seen on television by millions of Americans and became part of the evidence in the ensuing investigation of police brutality.

"It's become a game changer," Custer said.

After three officers were accused of assault but found not guilty at trial, four L.A. officers were tried on federal civil rights charges. Two were convicted and two were acquitted. King later received a nearly $4 million award in a civil trial as compensation for his injuries and treatment.

"Your level of awareness has to be greatly increased ... because of the recent events that have happened throughout this country," Custer said. "Our command staff has been talking a lot about these incidents."

He criticized what he called pandering politicians for using these incidents as campaign fodder.

"That hasn't helped the situation, it's just stoked the fires," he added. "It has a chilling effect on how they do their jobs. We're all seeing a reduction in the self-initiated activity that officers do. The job is tough enough in and of itself."

"Your level of awareness has to be greatly increased ... because of the recent events that have happened throughout this country."

–Police Chief Michael Custer

Senior law enforcement officials have always believed that departments that actively engage in a high volume of motor vehicle stops do the best at solving and deterring crime. These seemingly routine stops often result in the discovery of drugs and, in some cases, wanted felons.

A police officer cannot stop a citizen without legally just cause. Motor vehicle violations satisfy the "just cause" criteria.

In addition to his time in Rocky Hill, Custer also has experience with policing in an urban environment in Middletown. He is well aware of the mistrust and tension that sometimes exists between people of color and law enforcement.

He remains confident that in those occasions when an officer acts improperly or with unnecessary physical aggression, internal affairs investigations and the court system will be able to determine a proper outcome and punish and/or prosecute the officer if that is deemed appropriate.

He suggested that Black Lives Matter and other like-minded groups present a false impression of what happens in these cases. They choose to ignore the facts and claim the system is rigged.

"To me, it's overly simplistic. That's the hypocrisy of these movements. It's going to be a completely transparent process," Custer said.

Perception and facts don't always align and that's why he considers it crucial to allow the time for an investigation to take place so that the facts can be ascertained.

He cited an incident in Charleston, S.C., in which an officer was accused of police brutality. That officer was found at fault and now faces the consequences of his actions.

Read our publications online.

It's easier than ever to navigate through the pages of our publications. You can download individual pages as PDFs. Make us your homepage for local news, events, and much more!

TurleyCT
COMMUNITY PUBLICATIONS

The West Hartford PRESS • The Valley PRESS
Valley LIFE • West Hartford LIFE • Rocky Hill LIFE
Wethersfield LIFE • Glastonbury LIFE • Newington LIFE

www.TurleyCT.com

LIFE welcomes input from our readers.

Please send us your letters to the editor, calendar announcements, photos, people notes and story ideas about interesting people and organizations in town. You may send items to LIFE, 540 Hopmeadow Street, Simsbury, CT 06070 or email Mark Jahne at mjahne@turleyct.com.

Cherish Our Children

ANNUAL WALK

Please join us as we walk in honor of children

Sunday, September 18, 2016

Newington Memorial Funeral Home
20 Bonair Avenue, Newington

12:00pm to Register
1:00pm to Walk
(Rain or Shine)

Parents, relatives and friends who have experienced the loss of a child of any age are invited to walk with us.

For more information please call **860-666-0600** or visit **www.duksa.net**

"All lives matter. The thing that troubles me with the Black Lives Matter movement is that it singles out white police officers," Custer said.

He said their argument is that the police are a serious threat to black men, but the statistics don't bear that out. Data show that the greatest threat to the lives of black men is other black men.

"It's the black-on-black crime we should be looking at," Custer said.

He added the vast majority of police officers do their jobs within the parameters of the law and their training. The chief said anyone determined to have violated his or her right to wear a badge should be removed from the force.

"Nobody wants bad cops on the job because it affects all of us," he said.

Custer is worried that one of his officers could get into a sticky situation with a person of color and hesitate to react properly or in a timely manner for fear of sparking a high-profile incident. The end result to such second guessing could be tragic.

The chief said officers often interact with people in crisis. Emotions run high, mistrust can rise and the situation can escalate into an altercation, perhaps even a shooting.

"Nobody wants bad cops on the job because it affects all of us."

–Police Chief Michael Custer

Rocky Hill officers do not wear body cameras or have video cameras in their cruisers. He predicted the legislature, at some point, will make body cameras mandatory.

"There are a lot of pros and cons to it," he said.

On the pro side, the cameras create video evidence showing what happened. On the con side, it creates an administrative nightmare to download and store years of video.

Departments would also have to create protocols for when these cameras are turned off, such as when police are discussing juvenile, health information, or other matters that are protected from public disclosure by privacy laws.

The chief is pleased that his men and women generate few complaints from the general public.

"We don't have the relationship problems in our community that you see in some of the larger cities," he said.

Rocky Hill officers receive diversity training as part of their ongoing professional education and those hours will be increased. The department has long practiced community policing, an approach that encourages officers to get out of their cars and interact with the public as much as possible to create positive relationships.

Custer would like to create a full-time community relations officer position similar to what already exists in nearby Newington. He sees it as a nice compliment to this town's two school resource officers.

He wants his officers to perform their duties to the best of their abilities and not be dissuaded by all of the attention currently focused on these shooting incidents. The chief knows it's a different world out there than it was even two months ago.

"You continue to do your job, more sensitive to what's happening, naturally. For the most part, we're fortunate," Custer said. **RHL**

Who says you can't turn back time?

Dr. Robert Langdon can refresh your look and remove years from your appearance with the minimal incision ExpresS-Lift facelift. Call today or visit us online to learn how the Langdon Center can help you take back years!

$500 OFF ExpresS-Lift

Unretouched ExpresS-Lift patient photos

Special promotion valid through 9/30/16, and may not be combined.
Must mention this ad to receive special. Individual results vary.
Other restrictions may apply.

Call for your consultation
844.550.7828

THE LANGDON CENTER

LangdonCenter.com
Guilford

News roundup

He cycles for a cause

1 Frank Catania of Rocky Hill, at right in photo, recently completed the Pan-Mass Challenge to raise money for the Dana-Farber Cancer Institute. He is a member of the Forza G cycling team that has raised more than $420,000 over the years.

He rode from Rocky Hill to Lenox, Mass., along the New York border, then east to Sturbridge, Bourne and the finish line in Provincetown. Catania and his supporters raised more than $6,000 in this year's ride.

His riding partner is fellow resident Rocco Sanzo. A story about Catania and his involvement with the Pan-Mass Challenge was featured in the May 2016 issue of Rocky Hill LIFE.

Girl Scout family honored

At the opening of its exhibit at the Connecticut Historical Society, "Growing Up in Girl Scouts," Girl Scouts of Connecticut honored a family that has been in Girl Scouting for four generations. Natalie Childs Phillips received her 85-year pin.

Phillips came from a scouting family and served as a troop leader in Hartford known as the Singing Troop, a troop that supported soldiers during World War II. She also attended the national convention, was a Gold Award Advisor, and received the Thanks I Badge and the Thanks II Badge, the highest honor for a volunteer in Girl Scouting.

Her daughter, Janet Phillips May, received her 60-year-pin.

50% off
lunch or dinner entree
Buy one entree at reg. price and get 50% off second entree of equal or less value.
Sun.-Thurs. only. Dine-in only (excludes take-out)
SAKE CAFE Bloomfield or Wethersfield
With this coupon. Not valid with other offers or prior purchases. Excludes holidays, holiday eves & happy hour specials. One coupon per party/group (including split checks). Expires 9/16/16
$10 off
any purchase
with purchase of $50 or more. Dinner entrees only
Sun.-Thurs. only. Dine-in only (excludes take-out)
SAKE CAFE Bloomfield or Wethersfield
With this coupon. Not valid with other offers or prior purchases. Excludes holidays, holiday eves & happy hour specials. One coupon per party/group (including split checks). Expires 9/16/16
SAKE CAFE
sakecaferestaurant.com
GREAT FOOD, GREAT SERVICE, GREAT TIME
Extraordinary Asian Experience
featuring Japanese, Thai & Fusion Cuisines!
You should be here!
• Generous Portions
• Great Quality & Price
774 Park Ave.
(Next to Wintonbury Mall)
Bloomfield
860-286-7898 • 860-286-0833
1105 Silas Deane Hwy.
(Located in Wethersfield Shopping Center, Next to TJ Maxx)
Wethersfield
860-721-1618 • 860-721-1638

She loved the outdoors as a Girl Scout while growing up in Rocky Hill. May volunteered as a troop leader while she was a student at Southern Connecticut State University and then served as a troop leader for her daughter Julie's troop in Newington.

Janet's daughter Julie May Hughes received her 30-year pin. She was a top cookie seller in Newington and enjoyed going to Girl Scout camp. Julie also earned a Silver Award, the highest award a Girl Scout Cadette can earn, by installing a public pay phone in the center of town. She is currently a math teacher in Farmington.

Hannah Lynn Hughes, Julie's older daughter and Phillips' great-granddaughter, received her five-year pin. Hannah recently bridged as a Girl Scout Cadette.

Learn cyclocross

The CT Cycling Advancement Program is hosting a weekly Wednesday series for junior cyclocross racers at the dog park in Elm Ridge Park from Sept. 7-28. The junior practices begin at 5:15 p.m., weather permitting, and the training race begins each week at 6 p.m.

This series will provide the opportunity for young people to learn good bike handling skills and work in a team-based setting. Interested cyclists ages 9 to 18 and their parents can learn about the regional teams now forming in each community. For more information contact Karen Franzen at karen@ctcyclingadvancement.com.

The fee for each week is $10 per rider for the practice, with a limit of 50 in the field, and $15 per rider for the training race, with a field limit of 150. The $10 fee for the practice is waived for all CCAP team members. Each registered rider will need a racing license, helmet, bike and signed release.

Adult education resumes

Registration is in progress for free high school completion and English as a Second Language classes. Middletown Adult Education offers these programs for Rocky Hill residents ready to earn their high school diploma.

Three high school completion options are available including the GED and the National External Diploma Program, an individualized, self-paced program without classroom instruction.

English classes for non-English speaking residents are available for all proficiency levels. Day and evening classes are taught in Middletown and Rocky Hill. Call 860-343-6044 for more information.

Town manager resigns

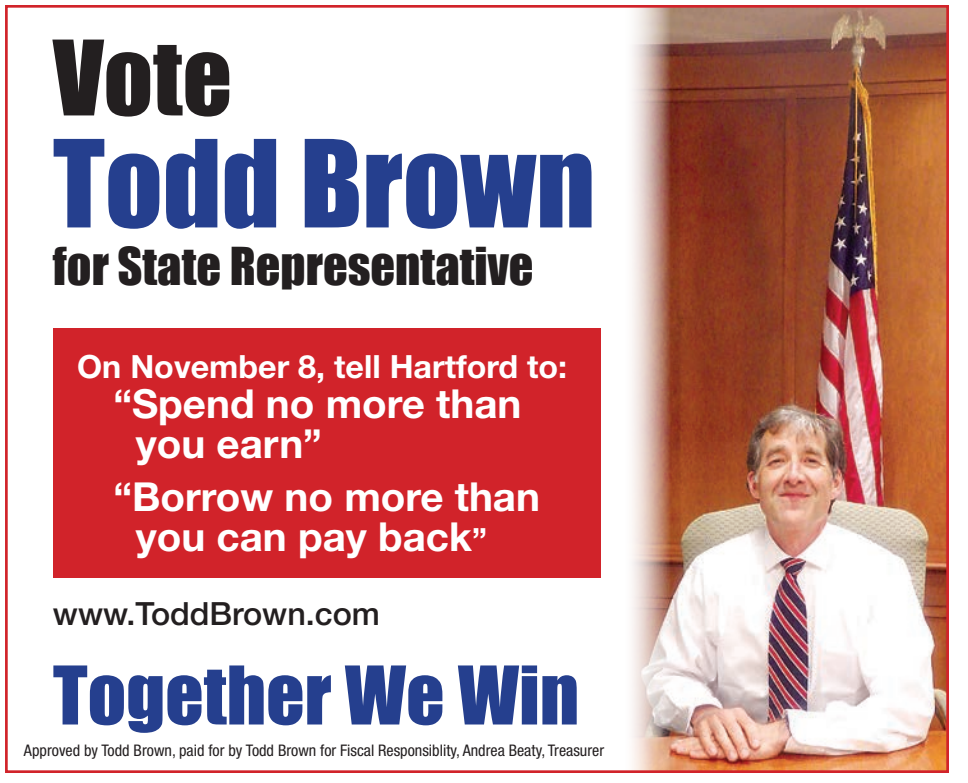
2 After just two years as the town's chief executive officer, Town Manager Guy Scaife is moving on. He gave his notice to the Town Council in August and was hired to be the new city manager in Meriden.

Scaife was hired by the previous Republican-led Town Council to find budget efficiencies and streamline government operations. He cleaned up many old financial accounts, updated employment procedures, and launched an initiative to update town technology.

He replaces Lawrence Kendzior, whose retirement takes effect Sept. 1.

He will be paid $165,000 according to a story published in the Meriden Record-Journal. **RHL**

WHERE THERE IS LOVE THERE IS LIFE
THE HEART COLLECTION
John Medeiros
Jewelry Collections
www.JohnMedeiros.com
Made in America. Handcrafted in Rhode Island.
All Rights Reserved © Copyright 2016 Tahoe Jewelry, Inc.
Turgeon Jewelers
1841 Berlin Turnpike, Wethersfield
860.436.6400 • turgeonjewelers.com
mike@turgeonjewelers.com | T-W-F 10-6; Th 10-7; Sat 10-4


Vote
Todd Brown
for State Representative
On November 8, tell Hartford to:
"Spend no more than you earn"
"Borrow no more than you can pay back"
www.ToddBrown.com
Together We Win
Approved by Todd Brown, paid for by Todd Brown for Fiscal Responsiblity, Andrea Beaty, Treasurer

September calendar

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

1 La Leche League, 10 a.m., 23 Textbook Ave., 860-529-2307 or mgubala@sbcglobal.net

ESL Class, 10:30 a.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info, also Sept. 8, 15, 22 and 29

Minecraft Club, 5:30 p.m., for grades 6-12, Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info, also Sept. 8, 15, 22 and 29

Family Make It, Take It, 6 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info, also Sept. 8, 15, 22 and 29

6 Knitting Group, 11 a.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info, also Sept. 13, 20 and 27

CT Hearing Voices Network support group, 7 p.m., Rocky Hill Congregational Church, 805-817 Old Main St., second floor classroom, 203-391-4968, also Sept. 13, 20 and 27

7 Playgroup Plus, 10:15 a.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info, also Sept. 14, 21 and 28

Cookies and Coloring for Adults, 6 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info, also Sept. 14, 21 and 28

Mystery Book Discussion, 6:30 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

8 Lions Carnival, 6-10 p.m., Elm Ridge Park, ride bracelets for $25, also 6-10 p.m. Sept. 9 and 3-10 p.m. Sept. 10

10 Pokemon Go Safari, 11 a.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

Alzheimer's or Dementia Caregivers Support Group, 2 p.m., The Atrium at Rocky Hill, 1160 Elm St., 860-563-5588 or ehall@benchmarkquality.com

12 SCORE Small Business Counseling, 12:30–4:30 p.m., registration required, Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

Getting Started with iPad: Part 1, 2 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

Library Board of Trustees, 7 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

13 Five Things to Know About Native American Archaeology, 5:30 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

14 Alzheimer's or Dementia Caregivers Support Group, 6 p.m., The Atrium at Rocky Hill, 1160 Elm St., 860-563-5588 or ehall@benchmarkquality.com

Friends of the Library Board, 7 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

16 LEGO Free Play, 10:30 a.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

17 Children's Book Sale, 11 a.m. to 4 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

19 Getting Started with iPad: Part 2, 2 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

20 The Bear Reality with Felicia Ortner, 5:30 p.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info

Parent Advisory Committee, 7 p.m., Rocky Hill High School library

28 Open House for Parents & Guardians, 6-9:30 p.m., Rocky Hill High School

Is your club, community o rganization, school or house of worship holding an event open to the general public? If so, please send us the details for inclusion in our calendar. Email your events to Mark Jahne at mjahne@turleyct.com or mail them to Turley CT Community Publications, 540 Hopmeadow St., Simsbury, CT 06070.

Slice of LIFE

Courtesy photos

An organization called Safari Rides paid a visit to the Summerscape summer camp program run by Rocky Hill Parks and Recreation.

It's Summerscape and outdoor concert time

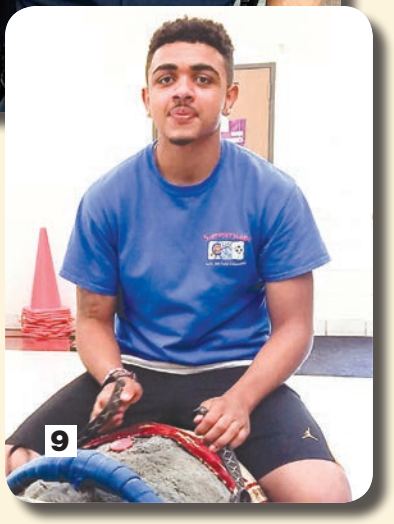
1. A representative of the company displays one of its giant stuffed animals on wheels to Chris Rusack, town recreation supervisor and president-elect of the Connecticut Recreation & Parks Association. **2.** Hopping aboard a ride are councilors Olivia Levine and Hannah Cook. **3.** Even the adult participants couldn't resist a Safari Ride. Ready for a mythical trip to Africa are, from left, camp staffer Erica Cahill, Summerscape Director Melissa Nunes and Mayor Claudia Baio. **4.** Counselors in training Jonathan Cichowicz and Arianna Afshar donned pith helmets to get into the true feel of riding on this large stuffed elephant. **5.** Enjoying their ride on the free-wheeling elephant are Jayden Veal, front, and Tyler Paprzyca. **6.** The Rocky Hill Police Department's union, Local 316 of the International Brotherhood of Police Officers, was one of the sponsors of the summer concert series. Gathered on stage at Elm Ridge Park are, from left, Sgt. Steve Morgan and officers Joe Smith, Keith Baker, Tom Carpenter and Anthony Bongiovanni, union president. **7.** It's great to ride a huge wheeled tiger. Just ask Lucy Criscuolo and Kathelyn Coggshall. **8.** Christian DiDanto is led around the room by a Safari Rides staffer, to the amusement of Camp Director Melissa Nunes. **9.** The elephant attracted the attention of councilor Elijah Blanco. **10.** Parks and Recreation recently wrapped up its annual free summer concert series at Elm Ridge Park. The Amish Outlaws had the crowd up and dancing.

4

5

6
MORGAN 176
SMITH
CARPENTER
BONGIOVANNI

7


9

8

10

New restaurant opens

Bellissimo serves up tasty fare on the Silas Deane Highway

by Mara Dresner
Staff Writer

Dino Cecunjanin is the chef/owner of Bellissimo. His son Emil is learning the business.

For decades, the various businesses at 2060 Silas Deane Highway have been Italian restaurants. When DeNovellis Family Restaurant moved to a new location on Cromwell Avenue, the space was empty, but not for long.

Bellissimo restaurant opened in the space in June, with chef and owner Dino Cecunjanin at the helm. Cecunjanin, who has been living in Wolcott and planning a move to Rocky Hill, is originally from Croatia.

He moved to the United States in 1991, both to join family that was already here, and to seek a more peaceful location.

"The war was going on in Yugoslavia," he said, "although there had never been war in Montenegro. It was always quiet. My family was here, so I just came here [to the United States]. There was more freedom."

He first moved to Lake Placid, N.Y.

"My family has like 10 restaurants there," he said.

He worked his way up, starting as a busboy before moving into the kitchen.

After a year, he came to Connecticut with his brother, Eddie, working at his Campagna Restaurant in Portland. He worked with an uncle at Mario's II in Rocky Hill on the Century Hills golf course and was a chef in Newport, R.I., among other jobs.

After years of working for other people, Cecunjanin was ready to start his own restaurant.

"I wanted to be on my own," he said.

He knew he'd find a location in the state.

"We['ve] served Connecticut for so long. My uncle has had a place for 50 years. We're all over the state with our family," he said.

"It's good food and good quality. You combine that, it's top notch."

– Dino Cecunjanin

"Rocky Hill, I love always. I have a lot of cousins, they live in Rocky Hill. I have a lot of family around here. We've been serving Rocky Hill and Connecticut a long time, food-wise"

The new restaurant is open for lunch and dinner.

"The food is top quality," he said. That includes Gulf shrimp, grass-fed short ribs and grass-fed New York strip.

"I got prime steak, aged. It's just quality and it's a fair price for that quality," he said. "It's good food and good quality. You combine that, it's top notch."

Cecunjanin cooks both classic and modern options. Dinner features dishes such as meatball bucatini, made with veal meatballs; cavatelli di nonna with Gulf shrimp, garlic, spinach and red roasted peppers in a light gorgonzola sauce; linguini gamberi with shrimp, prosciutto, tomato, spinach and olives; and frutti di mare with shrimp, scallops, mussels, clams and calamari over linguini with a red or white sauce.

There are a number of salad options, including a kale salad with port wine poached pears, goat cheese, pistachios and a sherry vinaigrette; an apple salad with mixed greens, granny smith apples, gorgonzola, caramelized walnuts, and raisins with a white balsamic dressing; and the Toscana with mixed greens, mozzarella, olives, grape tomatoes, artichoke hearts, roasted peppers, and polenta croutons with a white balsamic dressing.

Chicken, steak, shrimp and salmon may be added to any salad.

"We make homemade Maryland crab cakes. We make Mamma's Chips. It's eggplant and zucchini and I make a nice cucumber yogurt sauce. I make homemade polenta croutons, the white balsamic dressing, the champagne dressing, the seafood stuffing," he said.

"The rigatoni Bolognese is a real Bolognese. It has three types of meat. Everything I'm trying to do has something special in it."

The restaurant offers a number of gluten-free options, including pasta, pizza, vodka and beer. There's a choice of specialty pizzas or build your own.

"Everybody loves the pizza. It's a nice New York style," Cecunjanin said. "It's not oily, it has a thin crust;

Back, Neck Shoulder or Joint Pain

Visit us for any pain that affects your daily activities: work, sleep, sports, recreational hobbies, walking, balance and falls.

Apex Physical Therapy
New, Spacious State-of-the-Art Center
Same Day Appointments
Most Insurance Accepted M-F 8am-7pm

Anand Bishnoi
DPT, MS, PGDR, PGDB

Highly qualified, very skilled Physical Therapist. Over 35 years of Experience. Specializing in Orthopedic - Sports - Geriatrics - Manual Physical Therapy

825 Cromwell Ave., Rocky Hill **860-257-3779**

Call for an appointment or a FREE Consultation

Wethersfield Monument Company
serving Greater Hartford since 1986

Special Designs for Personalized Memorials

- Monuments
- Cemetery Lettering
- Markers

860.372.4020
www.wethersfieldmonument.com
526B Silas Deane Hwy • Wethersfield

READ **LIFE** ONLINE AT
www.TurleyCT.com
TurleyCT
COMMUNITY PUBLICATIONS

it's quality."

There are also grinders and a children's menu. Additionally, Bellissimo does party platters.

"Everything is made fresh," he said. "It's not a huge menu. Everything I put is good."

The restaurant is already finding fans.

"I enjoyed the atmosphere. I also thought the food was very good, service was good and the staff was extremely friendly," Rocky Hill resident Candi Motuzick said. "It brings a nice dining restaurant without high prices."

As far as what he likes best on the menu, Cecunjanin had a hard time deciding.

"My favorite is everything," he said with a laugh, before deciding on the cavatelli di nonna. "Whoever tries it, they love it."

Cecunjanin said business is good.

"It's going good. Everybody [is] happy," he said.

He added that he has a good day when there are no complaints and when the dishes come back clean because people have enjoyed their meals.

"Everything I do [is] with passion."

His son Emil is working with him. He started just working on weekends and now the high school student is coming in every day, working as a busboy and at the front end.

"I love making people leave satisfied and happy. I want to make sure they leave a good review, have a good time, and make sure they come back again," Emil said.

He especially enjoys the New York strip,

"The food's quality and fresh, they would enjoy if they came," he said.

While he's not yet in the kitchen, Emil is following in his father's footsteps.

"I'm learning," he said of his cooking skills. **RHL**

Bellissimo is located at 2060 Silas Deane Highway. Call 860-785-8168 or see facebook.com/Bellissimo-Restaurant-576967365808278.

Photos by Mara Dresner

Chef Dino Cecunjanin recently opened Bellissimo on the Silas Deane Highway.

The Freedom & Time... to Enjoy Life!

At Atria Greenridge Place we have created a vibrant community where older adults can thrive, participate & enjoy access to activities, care & support to help them keep making a positive contribution & difference in our world!

Come In Today For A Tour!

Atria SENIOR LIVING
GREENRIDGE PLACE

One Elizabeth Court • Rocky Hill • 860.257.0000
www.atriagreenridgeplace.com

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

Proudly serving the Wethersfield & Rocky Hill communities for four decades

ATTORNEY JOHN W. DOMBROWSKI, JR.

Attorney John W. Dombrowski, Jr. is pleased to announce the immediate opening of his solo practice in Wethersfield. Attorney Dombrowski specializes in commercial and residential real estate, estate planning and probate administration.

860-721-8848 Phone
860-721-8158 Fax

Contact john@wethlaw.com

From the mayor's desk

Two referendum are placed on the November ballot

by Mayor Claudia Baio

With summer winding down and back to school on the horizon, this has been a busy month in Rocky Hill. The Town Council held two public hearings to determine whether two questions would go to referendum on the November ballot.

The first was whether the town should be able to fund for the purchase of LED street lights, the goal of which would be to pursue the LED conversion, resulting in energy savings to the town.

The second was to address whether to proceed with constructing a new intermediate school to address elementary school overcrowding and enrollment projections. A detailed summary of the presentation by the Board of Education can be found on the town website in the minutes of the Aug. 15 public hearing.

The council voted to move both questions forward. To clarify, the Aug. 15 council decision did not authorize the expenditures. It only authorizes having the two questions put on the Nov. 8 ballot for the voters to ultimately decide.

Thank you to everyone who came out to be heard. It is important that we hear from our residents whom we were elected to represent.

We also had some good news on the financial front. Thanks to the efforts of Jim Sollmi and his staff, Rocky Hill was successful in moving up the list of applicants and ultimately receiving a LOTCIP grant approved by the Capital Region Council of Governments that provides funding of just over $1 million for the repaving project of Old Forge Road.

This is a project that would otherwise have required funds to be utilized from the previously passed road referendum. This state funding now will allow us to allocate the funds from the referendum toward other projects.

Similarly, we received a state grant of approximately $368,000 from the local bridge program, which is a 50 percent match, for the repair of the France Street culvert. This is a project that, without the grant, would have been paid solely by the town through the funds from the previously approved referendum.

Thanks to the efforts of our town staff, this resulted in the receipt of this substantial additional state funding.

We are excited to report that the Miracle Field at Elm Ridge Park is complete and ready for its unveiling. Please join us for the ribbon cutting at 6 p.m. Sept. 16. The athletes will participate in a Wiffle Ball game following the ceremony.

Finally, congratulations and well wishes are in order for Town Manager Guy Scaife, who will be moving on. Guy has accepted a position with the City of Meriden. We thank Guy for his service to Rocky Hill and wish him well in his new endeavors.

Thanks to some of your suggestions, I now have established a mayor's Facebook page. Please take a look and give it a "like." You can find it at "Claudia Baio for Rocky Hill." This will be utilized to communicate further with those of you who are on social media and provides another outlet for information and idea sharing.

As always, I welcome your input and can be reached by email at cbaio@rockyhillct.gov, by phone at 860-258-2740, or by scheduling a meeting during my weekly office hours, and now through Facebook as well.

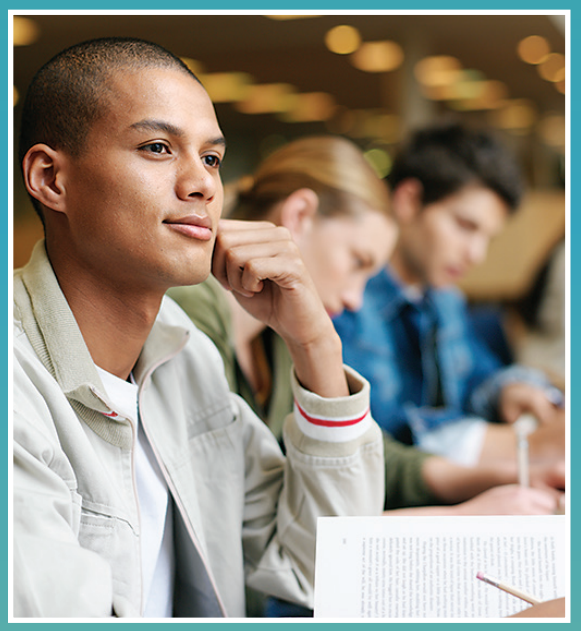
Happy Labor Day. **RHL**

One of our many
"Rehab Star Graduates"
We Serve and Welcome
The Entire Community
Served over 2,000 individuals from
our surrounding communities
Short Term Rehab ~ Respite Care
Long Term Care ~ Memory Care
Skilled Nursing Care ~ Outpatient Rehab
Pilgrim Manor
Health & Rehab
A Covenant Retirement Community
5 Star Medicare Rating
52 Missionary Rd. • Cromwell 860-635-5511 covenantvillageofcromwell.org

Joe Specializes in the
Medicare Marketplace
New to Medicare? Let me help!
Call to discuss your Medicare Choices & Options
Turning 65? Losing employer coverage?
Need extra help with Medicare prescription drug coverage?
Hospital Indemnity Plans • Medigap Supplements • Advantage Plans
Please Call Joe Wroblewski,
for a FREE
No Obligation Consultation
Helping people in the area for 19 years
860.372.4967
185 Silas Deane Hwy, Wethersfield

BACK TO

A product of Turley CT Community Publications • www.TurleyCT.com



SCHOOL

September 2016

Back *to* School

Getting a back-to-school boost

Tips, tricks and trends for shopping

by Alison Jalbert
Assistant Editor

The end of carefree summer days can be a bummer, but going back to school can be an exciting time, especially if students have some new clothes to boost their confidence.

Amanda Sirica, spokesperson for Westfarms mall, said back-to-school sales and promotions are in full swing as summer ends, but many of them will last beyond the first day of school.

"This is the second biggest selling season for retailers," she said, second only to the Christmas season. "There's still a considerable amount of back-to-school shopping after school starts."

The number one item on most students' list, regardless of age, is a new backpack. After the previous year's daily use, Sirica said kids want a new backpack. Elementary school students are drawn to bright colors and designs, which brands like Jansport offer. For a sportier look, many students opt for backpacks from the North Face, which offer mesh side pockets, bungee cords on the outside and a waterproof lining. Vera Bradley backpacks boast a variety of colorful, patterned options.

Sirica said there will be a lot of personality on students' feet this fall, as sneakers are getting a makeover.

"Vans, Converse and Nike are doing things with geometric patterns, floral and animal print," she said, with high-top versions popular this year. "White Converse Chuck Taylors are popular."

Denim is a staple in back-to-school wardrobes, and skinny jeans and "jeggings" are a return trend for girls. Boys gravitate towards relaxed fit and bootcut jeans.

"Something new this year is you'll see more of the distressed denim, but you're also going to see some fresh, frayed hemlines that are going to be new to the denim scene for kids," Sirica said.

Since back-to-school shopping is all about comfort and practicality, she said she's seeing a lot of activewear on students' wish lists. It's been a staple in boys' closets for a long time, but it's becoming popular with girls, too, with brands like Adidas, Puma, Nike and Under Armour.

"It can take them from the hallway to after-school sports practice," she said.

Complete your fall look with a new pair of shoes!

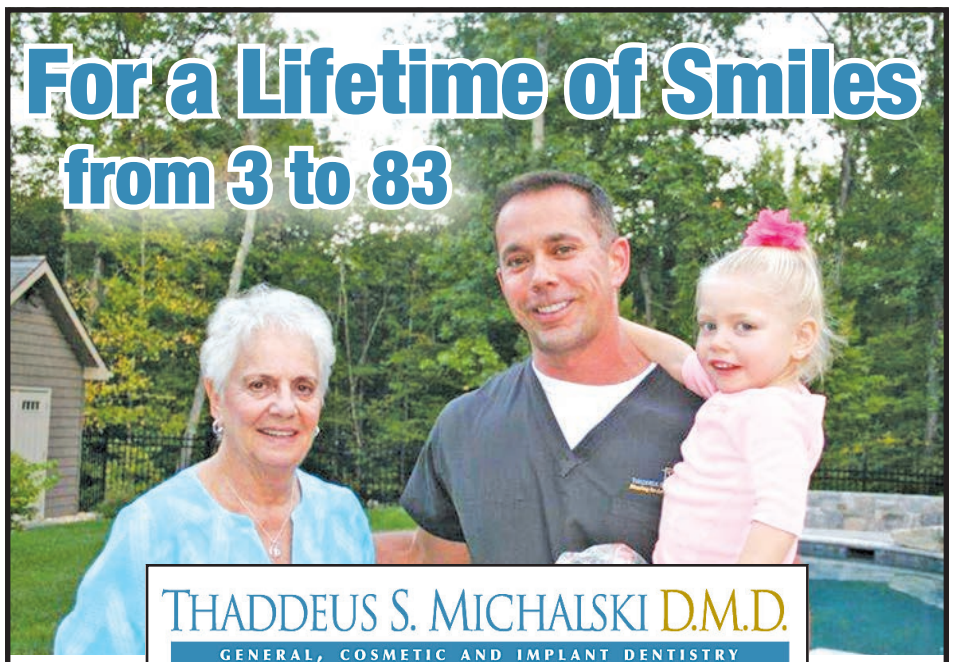
New arrivals in every department! Shoes, boots, handbags, jewelry and more!

www.footprintsshoes.com Brighton stride rite MERRELL UGG Vera Bradley Cole Haan Clarks new balance Allen Edmonds

NOW OPEN SUNDAYS!

FOOTPRINTS
Shoes & Accessories

79 Costello Road, Newington • (860) 666-3100
Mon.-Sat. 9:30-5:45 • Thurs. Night to 8:45 • Sun. 10:00-5:00



THADDEUS S. MICHALSKI D.M.D.
GENERAL, COSMETIC AND IMPLANT DENTISTRY
Blending the Art & Science of Dentistry

Thaddeus S. Michalski, DMD
15 Rhodes Road, Rocky Hill
(860) 563-4544
www.michalskidmd.com
facebook.com/dentistrockyhill

Member American Academy of Cosmetic Dentistry

Sedation Dentistry
Bonding & Veneers
Cosmetic Dentistry
General/Family Dentistry
Invisalign • Dental Implants
Green Dentistry • Teeth Whitening

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

Back *to* School

For girls, printed leggings are on trend this season, which Sirica said are the "ultimate piece" for a mix-and-match wardrobe of girls of all ages. For boys, it's all about layering.

"They really like to wear the embellished short sleeve graphic tees," she said. "It's a go-to, paired with their favorite jeans and a button-down shirt, whether it's a printed plaid or a real classic button-down polo shirt."

High low hemlines on tops are a continuing trend for girls, and varsity sweaters are a new trend for boys. Button-down dress shirts in denim, chambray or plaid are popular for girls, which Sirica said are perfect to pair with knee-high boots or leggings as the weather cools down. Ankle booties or Converse are also options.

"We're seeing a lot of boho-inspired peasant tops. They're fun and flirty for girls' wardrobes. They're very feminine with embroidery and lace appliques," she said. "For boys, the classic golf polo shirt in vibrant colors [is popular]."

Sirica said back-to-school shopping is "an excellent time" to take advantage of discounts and replace worn-out basics like socks, underwear and T-shirts.

"The sales and promotions are plentiful. Take advantage of those," she said.

Fall can be a tricky season to shop for, with cool mornings at the bus stop and warm afternoons at recess. While many retailers are already stocked with warmer wear, Sirica said layering is key for fall.

"Kids can shed layers in the classroom or at recess. It's better to be prepared than not," she said.

The key to successful back-to-school shopping is taking advantage of timing and tools to stay within budget, she said. Make a list of what each child needs, and start with the basics – denim, sneakers and a new backpack. Designate the stores to visit ahead of time, making the trip more efficient.

"Back-to-school shopping for some parents can be a daunting task, so it does make it easier to see what's on sale before you shop, have a plan and get in and out quick. Set expectations with a budget and goals," she suggested.

Before even making a list, Sirica said it's smart to take stock of what's in a child's wardrobe.

"Start by taking inventory of what you already have. If there's not a recent growth spurt, you're in luck. If you ask parents, they will do that – take the time to clean out the closet, see what fits and what we need," she said.

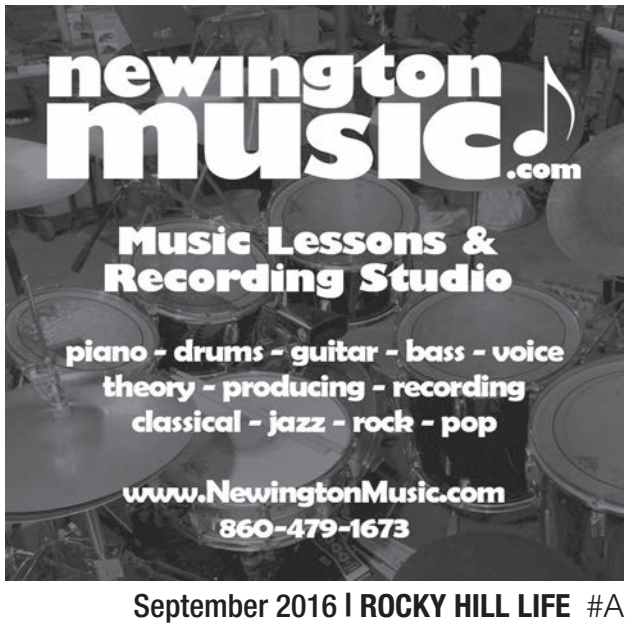
It's not necessary to buy a completely new wardrobe; Sirica said adding in key new pieces to spruce up existing clothing is enough to give kids the boost they need going back to school.

"Back-to-school clothes make kids feel good. They make them feel ready to take on a new year with new goals in the classroom," she said.

Although most people associate back-to-school shopping with clothes, Sirica said this is a perfect time to take advantage of the sales and promotions at technology retailers. Smartphones, tablets and laptops are all popular purchases this time of year, and not just for students. Parents can benefit from these sales, too. **RHL**

"Back-to-school clothes make kids feel good. They make them feel ready to take on a new year with new goals in the classroom."

–Amanda Sirica, a spokesperson for for Westfarms


newington music.com
Music Lessons & Recording Studio
piano - drums - guitar - bass - voice
theory - producing - recording
classical - jazz - rock - pop
www.NewingtonMusic.com
860-479-1673

The Learning continues

Public schools are not dormant in summer

by Allie Rivera
Staff Writer

School may be out for summer, but that doesn't mean the hallways are empty. Despite not having typical classes, summer in the Rocky Hill Public Schools remains a time for learning and change for both students and the schools themselves.

Each summer, maintenance staff in each of the schools use the time to deep clean all of the buildings and prepare for the coming school year, a task they say may seem small, but actually has a deep impact on the rest of the year.

"From a maintenance aspect, we're hitting a lot of the stuff we do during the year, but more in depth," Director of Facilities Ron Lamontagne said. "Health and safety is of the utmost importance to us, so we're doing this to be ready for the school year."

Part of that routine maintenance includes carpet extraction, painting walls and waxing floors, among other tasks. Everything is taken out of the classrooms and lined up along the hallways so that every inch of the rooms can be thoroughly cleaned.

This summer, the maintenance and facilities staff in the schools had some further projects in addition to cleaning. West Hill School is installing four modular classrooms to allow class sizes to remain stable, but doing so also necessitates the removal of the playground.

"As part of that project, we had to remove the existing playscape, but a new playscape will be installed in the ball field," Lamontagne said.

To prepare for and design the new playground area, a committee was created comprising parents, special education teachers, town Parks and Recreation Department representatives, school administrators and Board of Education members.

"From a maintenance aspect, we're hitting a lot of the stuff we do during the year, but more in depth."

– Ron Lamontagne

"That's going to be a brand new, state-of-the-art playscape," Darlene Listro, assistant superintendent for curriculum and instruction, said.

Additionally, Lamontagne and others in facilities are helping to oversee the construction at the high school that will

Photos by Allie Rivera

Eamon Kelly, a preschooler in the summer Bright Beginnings program at West Hill School, enjoys a healthy snack on a hot summer day.

NEWINGTON PUBLIC SCHOOLS
Is Now Accepting Applications for the Following Vacancies:

Substitute Teachers
Learning & Special Education Tutors
P/T School Bus Drivers
Cafeteria Workers

Please apply online at www.npsct.org

For more information, please contact the office of Human Captial Development at 860-665-8630

ENROLL NOW FOR FALL!

- Age Appropriate Programs
- Ages 6 Weeks to 9 Years
- Nursery School/Pre-K Class/CT ELDS
- Innovative Toddler and Preschool Curriculum
- Before and After School Programs with Transportation Provided
- Secure Facility / Surveillance Cameras Inside and Out
- Summer Program including field trips and visitors
- Experienced and Professional Teachers certified in CPR and First Aid

After the Stork comes the... Stork Club inc.
EXCELLENCE IN CHILD CARE AND PRESCHOOL DEVELOPMENT
CHILD-CARE & DEVELOPMENT CENTERS
www.storkclubs.com

6 Convenient Locations:

MERIDEN (203) 235-8461
186 Pomeroy Ave.
(E. Main St. Exit Off I-91)

ORANGE (203) 891-0599
81 Baldwin Rd.
(At Derby Ave./Rt. 34)

CHESHIRE (203) 272-1637
1311 Highland Avenue
(Rt. 10)

ROCKY HILL (860) 563-9096
558 Cromwell Ave.
(Rt. 3 Exit 23 Off I-91)

SOUTHINGTON (860) 276-1031
1348 West Street
(Exit 31 Off I-84)

GLASTONBURY (860) 659-3002
586 New London Tpke.
(At Rt. 17 Overpass)

Back to School

Every summer, each classroom in the district is completely emptied so that the maintenance and facilities staff can intensively clean the schools. All of the rooms' contents are stacked along the hallways during this time.

be continuing over the next year and a half.

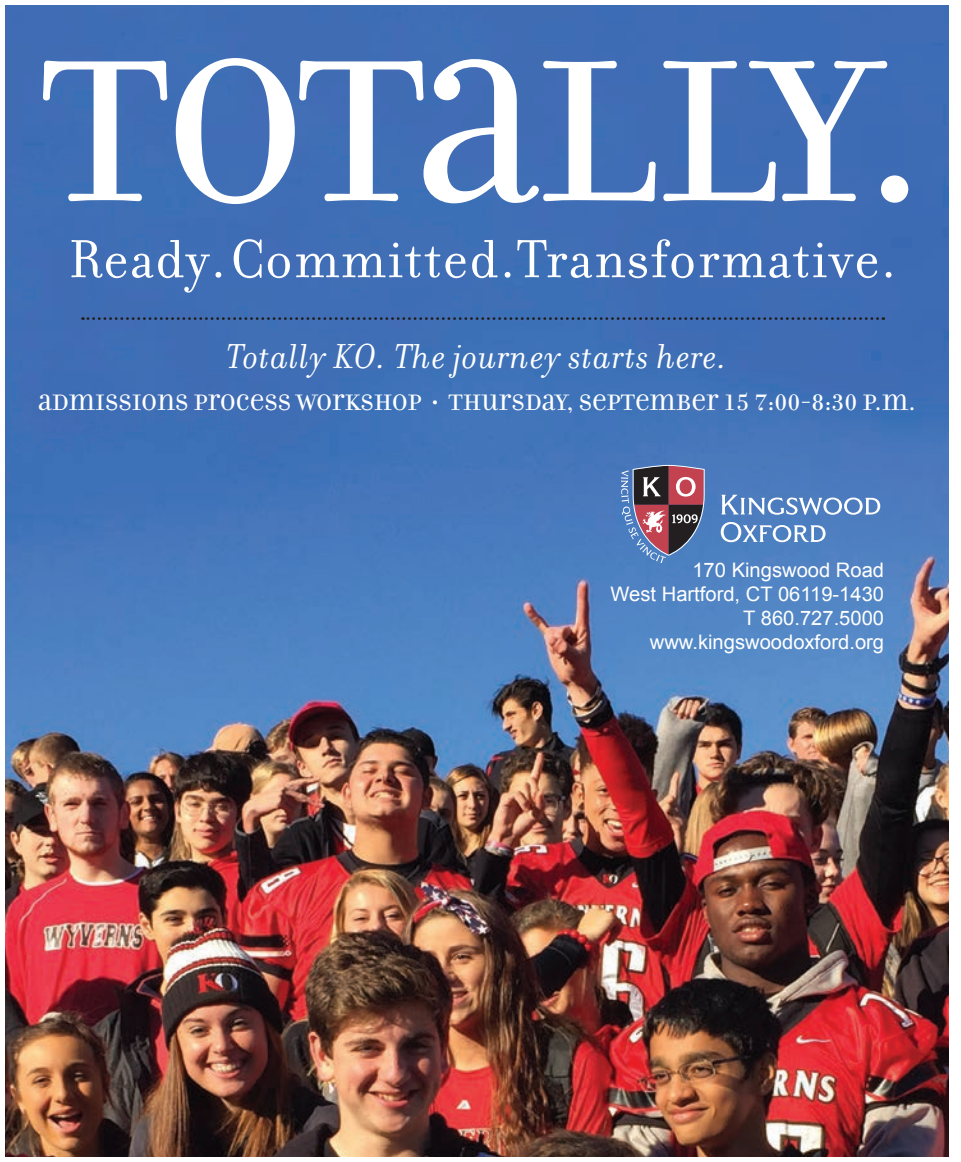
"It is the largest phase of the project, so it will be the most dramatic change come the beginning of school," Lamontagne said.

By the time students return for classes in the fall, the construction on the gymnasium, cafeteria, pool, kitchen and more classroom space will be completed.

As the maintenance and facilities crews complete their work over the summer, many students in kindergarten through fifth grade have been putting in hard work as well through the district's

Arie Green, 16, is one of the volunteers from Rocky Hill High School working with younger students in the Celebration of Learning program.

Celebration of Learning program. Rocky Hill's version of summer school, Celebration of Learning provides targeted, hands-on learning in mathematics and language arts for students who may need an extra boost in academics.



Back to School

West Hill special education teacher Shelby Flynn went over letters with a student during the summer.

"The work is individualized by grade level based on what students need," Mary Schaefer, language arts coordinator for the district, said. "We make it fun, but we also target the needs they have."

In the area of language arts, students are given the opportunity to read a wide range of literature and practice their own writing skills.

"We're really focused on building a solid literacy program," Schaefer said. "This means making reading fun while still using data to make decisions about what students need."

Keeping learning fun is also a large part of the math component to Celebration of Learning.

"The math program that we have running in the summer is all hands-on and game-based," Math Coordinator Paige Weaver said. "There's research out there that shows that you learn better through hands-on manipulatives, so if you go into the classrooms, the kids are all on the carpets and they're playing games and working with manipulatives."

Celebration of Learning was held at West Hill and ran for three weeks beginning July 11. The 91 students came to the building for a shortened day from 9-11:30 a.m.

Helping to run the program was a team of volunteers from Rocky Hill High School who completed both administrative and hands-on tasks with the students.

"The interaction is great," Celebration of Learning Director Joe Horvath said. "You can see their enthusiasm, both the kids and the volunteers."

"This is my fourth year volunteering and I've seen a lot of kids grow through the program," 17-year-old Ramal

It's Not Too Late to Get Started

MxCC offers *Late Start Classes* that begin throughout the fall semester in Middletown, Meriden and online. You can also take advantage of a broad range of continuing education courses and noncredit certificate programs available during the semester.

Learn more about our flexible options at **mxcc.edu** or by calling 860-343-5800.

MxCC
MIDDLESEX COMMUNITY COLLEGE
The College of Our Community

READ
LIFE
ONLINE AT
www.TurleyCT.com
TurleyCT
COMMUNITY PUBLICATIONS

Back to School

Rauf said. "I've always loved anything having to do with community and I always loved working with kids."

For the high school volunteers, getting to work with students in a slightly more relaxed environment where the focus of learning is on the fun is a positive reason to participate.

"It's a great experience seeing the kids loving what they're doing," first-year volunteer Dario Kokic, 17, said.

Also filling the classrooms in West Hill over the summer were students in the Extended School Year program offered through the Special Education Department. Runningfrom July 5 through July 29, this program serviced around 75 students in pre-kindergarten through eighth grade.

"We still provide everything, such as occupational therapy and speech therapy," Director of Special Education and Pupil Services Cathryn Riggs said. "Some of the older high school students are out in the community doing their internships."

The Extended School Year program employs roughly 35 staff members, most of whom work during the rest of the year for the Rocky Hill Public Schools in some capacity.

"It's great because they are here throughout the year, so they know the students," Riggs said.

With all of the programs and facilities work happening throughout the summer, the schools across the district remain abuzz with activity, all of which will prepare students for the coming year.

"We're really making sure we're set to start the school year off right," Listro said. **RHL**

Stevens School teacher Michael Stevens works one-on-one and in small groups with students.

IT'S BACK-TO-SCHOOL TIME!

Does Your Child Have A Current Physical?

InterCommunity Now Provides Primary Care For Children Of All Ages.

Get Same-Day Access to Quality Pediatric Primary Care That Includes:

- Annual Physicals
- Sick Visits
- Immunizations
- Sports Physicals
- Nutritional Counseling
- Behavioral Assessments

InterCommunity

Health Care for the Whole Person

Come find out how we've changed the meaning of care.

Call or stop by one of our primary care offices:

281 Main Street in East Hartford 860-569-5900

16 Coventry Street in Hartford 860-714-3704

www.intercommunityct.org *Most insurances and uninsured accepted.*

a new leash on LIFE

Dakota

Dakota is a black-and-white female domestic shorthair with a moderate energy level. She's 5 years old and would do well in a home with children older than 10. She's strictly an indoor cat and needs a quite home to thrive. She also needs to be the only cat in the house.

Rosie

Rosie is a loving female terrier/beagle mix, not quite 1 year old. She is looking for a single-family home where the children are 8 or older and she is the only pet. She has a ton of energy and needs plenty of exercise. The best fit would be a family with the patience and experience to train Rosie to become housebroken.

Inquiries about adoption may be made at the Connecticut Humane Society, 701 Russell Road, Newington. Call 860-594-4500. More information, including videos, can be found online at cthumane.org. Click on "Adopt" and "Newington." The Connecticut Humane Society is a private organization and has no time limits for adoption.

PET SUPPLIES PLUS®
Minus the hassle.

Sale prices valid:
August 25-September 28, 2016

Plus An intentionally smaller footprint.
Minus Parking lots the size of Texas.

2 weeks only! September 1-14

$11.98 with card
Tidy Cats Scoop Cat Litter
35 lb.Pail, All Varieties
YOU SAVE $4.00

Tail Waggin' Deals
2 weeks only! September 15-28

$11.98 with card
Milkbone Dog Biscuits
14 lb.Box, Select Varieties
YOU SAVE $4.00

Pro Plan Dog Food
5-6 lb. Bag, 13 oz. Can
All Varieties
YOU SAVE UP TO $2.50

Pro Plan Cat Food
3.2-16 lb. Bag, 3 oz. Can, 5.5 oz. Can, 36 oz. Variety Packs, All Varieties
YOU SAVE UP TO $6.00

Pro Plan Cat Treats
2.1-3 oz. Pkg., All Varieties
YOU SAVE UP TO $.60

PURINA PRO PLAN

15% OFF with card

starting at $51.98 with card
Natural Balance Dog Food
24-26 lb. Bag
Select Varieties
YOU SAVE UP TO $10.00

$46.98 with card
Taste of the Wild Dog Food
28-30 lb. Bag
All Varieties
YOU SAVE $3.00

Connecticut stores are family owned and operated.

BRISTOL	GROTON	MANCHESTER	WEST HARTFORD	WETHERSFIELD	WETHERSFIELD
1168 Farmington Ave.	646 D. Longhill Road	283 W. Middle Tpk.	2480 Albany Avenue	1773 Berlin Turnpike	1142 Silas Deane Hwy.
860.585.5544	860.446.0022	860.533.9780	860.570.2461	860.563.3110	860.563.3510

They're tops in the classroom

The following students were named to the honor roll for the fourth quarter at Rocky Hill High School.

High Honors

Grade 12

Rubeena Abraham, Haley Albano, Mitchell Aureli, Daniel Bighinatti, Alexander Bondi, Peter Botticello, Nicole Bruzik, Matthew Caesar, Rachel Calabrese, Mathew Callahan, Alexa Cardillo, Gabriella Caron, Brooke Chao, William Crafa, Nicholas Cramer, Rachel D'Agostino, Jenna D'Angelo, Laurina D'Appollonio, Kyle Devine, Arianna Genovese, Sara Federici, Sarah Gioia, Jessica Greenspan, Daniel Janikowski, Jonas Kuttikattu, Briana Lamari, Olivia Levine, Giuseppe Mattia, Frank McGee, Eni Mete, Almedina Mirica, Jeffrey Moise, Matthew Molloy, Britany Moore, Geycel Muniz, Madison Palmer, Emily Pentland, Sierra Pizzoferrato, Christopher Pratt, Nicholas Santos, Jenna Sanzo, Julia Sevigny, Alison Simboski, Julianne Slavin, Eric Slowik, Victoria Spellman, Jared Sullivan, Samantha Sweetman, Steven Tomastik, Wilnely Urena, Lindsay Varney, Kassandra Veneziano, Victoria Veneziano Trevor Whalen and Emily Zebrowski.

Grade 11

Allison Allegretti, Vincent Cassarino, Alicia Dabek, Luke Devine, Kaitlin Dillon, Justin Donofrio, Zykeya Ford, Michelino Gali, Joseph Goodrich, Allison Grover, Christopher Hansen, Erin Kelly, Dario Kokic, Fotos Kroji, Emily Louro, Peter Lucente, JoDee Lupacchino, Julia Machaj, Kristina Machaj, Robert Machaj, Salvatore Madera, Tatyana Martinez, Bailey O'Connell, Austin Pavelec, Amanda Place, Amber Rehman, Frankie Roberts, David Scalise, Nicole Shank, Alexander Sikorski, Michael Simons, Deanna St. Germain, Caroline Sullivan, Jason Vailionis, Gabriel Walerysiak, Emily Whelan and Joseph Young.

Grade 10

Sydney Aberbach, Victoria Acca, Marisa Anderson, Alexander Benson, Victoria Bower, Brendan Boyle, Luke Brennan, Emma Brownstein, Christian Castanho, Dillon Cerpa, Nicole Chamberland, Shelby Cios, Kristen Costello, Andrew DiMatteo, Thomas DiMatteo, Matthew Emmanuel, Sarah Erkson, Christian Federici, Joseph Ferreira, Alexandra Fishberg, Cole Fishberg, Grace Fisher, Jared Friday, Gino Giansanti, Arian Gokhale, Elena Goodman, Katrina Granovskiy, Michael Griswold, Madison Hussey, Zirui Hao, Sana Kasmani, Sophie Kurdziel, Grace Lang, Anika Lawrence, Rachel Longo, Jonathan Lu, Christiana Montalbano, Grace Moore, Madelyn Morse, Sujith Nakkala, Bree O'Connor, Jason Oostendorp, Matthew Osgood, Henry Patterson, Colin Pavel, Szymon Ptak, Seyed-Arash Safavi, Alexiana Scata, Brigid Schulenburg, Reva Shah, Sabrina Sokaitis, Brian Speers, Samantha Steinman, Katherine Stockman, Kayla Sullivan, Jonathan Tefoe, John Uricchio, Seth Walerysiak, Dylan Walsh, William White, Alexa Wilson, John Woolley, Emily Zarrilli, Wiktoria Zduniak and Scott Zebrowski.

Grade 9

Anthony Albano, Tomasz Baliga, Gulnaz Bhura, Gabriela Brown, Adam Buerk, Thien-Kim Bui, Meagan Caesar, Daniella Castanho, Sharanya Chandu, Adam Chao, Daniel Cho, Andre Costa, Megan Creevy, Morgan DeCarlo, Connor Devanney, Lilah Devine, Julia DiBattista, Victoria DiLoreto, Nesla Disha, Shae Duffy, Jessica Eisenhaur, Morgan Felice, Ryan Figueiredo, Felicity Frate, Romeo Gjuzi, Mihir Gowda, Leah Graf, Lea Grant, Alexandra Gwara, Melissa Hiller, Yesmine Jlidi, Maya Kugel, Pranjali Kulkarni, Kelsey Lopez, Benjamin Lukens, Nicole Lukens, Miguel Madera, Marissa Martin, Kate Masciadrelli, Taylor McLean, Emma Molloy, Pulkit Nagpal, Julia O'Connor, Yamini Pant, Alexandra Parks, Lauren Pattison, Haley Pavelec, Angelika Ptak, Nijaz Salihovic, Ashley Scacca, Amanda Schuman, Ayla Schumann, Sarah Simard, Jordan Swanson, Venanzio Weeks, Anne White and Kellie Williams.

Academic Honors

Grade 12

Brett Arnold, Abigale Barnes, Matthew Bortolan, Alexander Bronk, Tyler Casey, Jenna Chipkin, Jovan Colon, Kevin Cormier, Devin Cranmer, Ashley Duarte, Alexis Emmanuel, Joshua Evardone, Rebecca Ford, Morgan Guerra, Amy Hafner, Timothy Halligan, Kevin Hasson, Justin Hewitt, Emma Jennings, David Katz, Arkid Koni, Madison Nastri, Caitlin Perkins, Megan Ritchie, Aidalyn Santana, James Sekorski, Glenn Simons, Abigail Smith, Caroline Spada, Madison Stabile, Patrick Sullivan, Julianne Tefoe, Samuel Twigg, Matthew Valente and Ryan Woolley.

Grade 11

Rahul Abraham, Aliyan Ahmed, Taylor Bowler, Samantha Brady, Christina Braun, Nam Bui, Vanessa Cardillo, Amanda Carducci, Dante Carlone, Mark Catania, Jay Chandran, Connor Charamut, Cameron Cheyney, Paul Ciarcia, Timothy Davis, Shannon Duffy, Ben Famiglietti, Anthony Fortes, Ryan Fraleigh, Brianna St. Georges, Jacob Franzen, Sarah Freitas, Melissa Gamonal, Nicolas Garry-Benco, Evan Gauvin, Andrew Guyette, Hunter Held, Justin Hock, Cristina LoGiudice, Damon Lonero, Krystal Macca, Despina Merriman, Joseph Monaco, Ricky Montalvo, Arianna Morabito, James Pitchell, Devyn Rockefeller, Kyle Rosenberg, Alana Rychlec, Sarina Santos, Kajal Shah, Montserrat Sousa-Sanchez, Joseph Sullivan, Katherine Sullivan, Daniel Tonna and Ryan Wolf.

Grade 10

Andrew Barber, Ashley Cannata, Sabrina Capasso, Joseph Catania, James Chasco-Dimauro, Jordan DelMastro, Stephen DeNardo, Haley Doll, Michelle Dougherty, Torah Ferrebee, Gina Genovese, Salvatore Gentile, Daniel Goslin, Anna Grant, Isabella Hassan, Melanie Holmes, Eesha Irfan, Lauren Joyce, Matthew Lanciotto, Andrew Levine, Elizabeth Libby, Megan Mahoney, Gabriella Mezzio, Adelina Miceli, Kevin Moise, Tyler Morgan, Eesha Nasir, Sonalia Neemcharan, Nathaniel Nicholson, Kruti Patel, Brianna Place, Melissa Rambharose, Ryan Robinson, Samantha Rogala, Rachel Roncaioli, Madison Santo, Riley Shannahan, Dion Sherman, Abigail Stock, Joseph Twigg and Jacob Weber.

Grade 9

Pavan Adapa, Colin Amo, Hailey Anderson, Muhammed Bilal, Jordyn Bowler, Kaitlyn Brouillard, Arijan Cekic, Christopher Conlan, Christian D'Eliseo, Gianna DiMatteo, Katarzyna Drozdzal, Kyler Florer, Michelle Galdamez, Elliot Gamelin, Nathan Gariepy, Charles Hilton, James Huddleston, Andre Johnson, Brett Kiesel, Hunter Layton, Alexandra Lopez, Francis Malabanan, Emily McInnish,Marina Merriman, Sarah Mitchell, Alyssa Morabito, Lordina Orleans-Onyina, Patrick Ostrowski, Aaron Pavelec, Molly Pawlak, Griffin Pickett, Logan Prentiss, Deanna Prescott, Anna Riedinger, Jaharra Roberts, Julia Rosa, Robert Rosa, Lillian Spada, Brenna Sweeney, Christa Tucker, Sophie Twigg and Karalina Valente. **RHL**

How to choose an *extracurricular* activity

Extracurricular activities can benefit students in various ways. Academic clubs, sports and volunteer organizations provide students with opportunities to grow as people and make new friends while also teaching kids skills they will use for the rest of their lives.

Many parents are aware that extracurricular activities can help students improve their chances of gaining admission to college. But students who choose the right extracurricular activities will benefit in greater ways than simply strengthening their college applications.

The following are a handful of ways parents can help their sons and daughters choose extracurricular activities they can benefit from for years to come.

Ask kids to jot down their interests. Students are more likely to enjoy and excel at extracurricular activities that align with their existing interests.

Ask kids to jot down a list of their interests or anything they might want to try. Youngsters might want to learn a musical instrument even if they have never before taken a course on music.

Once kids have listed their interests, look for activities that allow them to further explore those interests. Chances are there is a school-sponsored or community-based club or organization that will align with at least one thing on your child's list.

Encourage kids to have fun.

Kids are more likely to enjoy and fully commit to an activity if they find it fun. While extracurricular activities can help kids grow as people and improve their image in the eyes of college admissions officers, kids will get even more out of an activity if they enjoy doing it.

Ask neighbors or school officials for recommendations to help kids who have tried but failed to find the right fit with regard to extracurricular activities. Sometimes it takes a little trial and error before a child finds an activity with which he or she is comfortable.

Look for something that won't interfere with schoolwork. Extracurricular activities can look great on a college application, but that benefit is lost if the activity interferes with a student's academic performance.

Some activities, including sports, demand more of students' time than others, but make sure kids know that school always comes first.

Ask around. Ask neighbors or school officials for recommendations to help kids who have tried but failed to find the right fit with regard to extracurricular activities. Sometimes it takes a little trial and error before a child finds an activity with which he or she is comfortable. Fellow parents can make great resources, and school officials likely know of a host of clubs and organizations that kids may be interested in.

• Sign up with your kids. If kids are hesitant to sign up for an activity because they are shy, sign up with them. Volunteer organizations are typically family-friendly, and kids might be more likely to come out of their shells if they sign up with their parents or siblings.

As kids grow more comfortable with an activity, they will want to get more involved even if mom and dad don't have the time.

Parents can employ various strategies to help kids find activities they can be passionate about for years to come. **RHL**

BY MARK DIXON
WFSB METEOROLOGIST [AMS]

A game-changing piece of new technology

While we've been the only station with a live radar, Channel 3 continues to lead the way as we recently debuted the 'ALL NEW' Early Warning Pinpoint Doppler radar ... to keep you, your family and property safe.

This entirely new radar provides greater accuracy, resolution, and coverage of whatever develops ... unparalleled as WFSB is the only station in New England to now own and operate technology of this caliber: a LIVE Dual-Polarization C-band radar.

With dual-polarization ... it's essentially twin radar beams, allowing us to see what is falling from the sky in multiple dimensions – instead of viewing precipitation as flat objects, the ALL NEW Early Warning Pinpoint Doppler determines size and shape with great precision.

Other stations rely on government radars, surrounding Connecticut... by the time those radar beams scan the sky overhead, they could be "thousands of feet" above, often missing what is happening closer to the surface.

We are the only station to have a radar "IN" Connecticut, and it's "LIVE" ... we control it, providing a tremendous advantage as the delay can be up to 5 minutes from the National Weather Service – so we can identify threatening weather before anyone else ... not seconds, but minutes ahead!

You can also have access to our newest piece of technology by visiting our website at wfsb.com, or via our WFSB app. **RHL**

RONCARI AUTO RENTAL LLC
• No Seasonal price hikes.
• Cars are thoroughly sanitized before every rental.
• 10% discount on POSTED RATES BELOW for StarCard Members and their out-of-town colleagues and corporate associates, AAA, Costco, BJs, and Sam's Club.
• Plus all applicable airport fees and taxes.
2015 Kia Forte Economy Size
$47.95/Day – Everyday
2015 Kia Optima Standard Size
$59.95/Day – Everyday
Must make reservations at:
roncariautorental.com
1-800-555-6540

25 YEARS OF
UNSCRIPTED, UNFORGETTABLE
CONVERSATIONS

THU . SEP 29 . 2016
RELIGION IN AMERICA 2016
The changing role of religion in our culture, our politics and our lives

HOSTED BY TRAVELERS
THU . DEC 1 . 2016
THE FUTURE OF HIGHER EDUCATION
College 2.0 – What will it look like? What needs to change?

FRI . MAR 10 . 2017
DISRUPTION!
Change-makers in business, media & politics

SAT . MAY 6 . 2017
A CONVERSATION BETWEEN...
Fascinating people, big ideas

THE CONNECTICUT FORUM

2016-2017 SEASON —
SUBSCRIBE NOW TO GET THE BEST SEATS!
CALL 860.509.0909 OR VISIT CTFORUM.ORG
TO SEE THE LATEST LINEUP OF PANELISTS.

ALL FORUMS LIVE AT THE BUSHNELL AT 8PM.

LIFETIME PATRONS: Aetna | Connecticut Public Television and Radio | The Hartford Financial Services Group | Lincoln Financial Foundation
The Rosalyn Group | Stanley Black & Decker | Travelers | United Technologies Corporation | Voya Financial

HOME & GARDEN

Water Problems?

30+ Years of Stopping All Types of Water Leaks!

From Roofs to Basement Waterproofing

Hatchway Stairwells • Foundation Cracks
Window Wells • Chimneys
Slate and Flat Roof Repair

Entrusted to work on churches, schools, hospitals and other landmark institutions as well as the residential market since 1983.

Just Google JP Bachand Contracting for website and more.

JP Bachand Contracting
860-666-9737 Newington
CT Department of Consumer Protection Reg. # 0511842

WALKWAYS • WALLS • PATIOS • PAVERS • POOLSCAPES
DELIVERY OF MULCH, STONE & TOP SOIL
Landscape Design • Lawn Maintenance • Pruning • Stump Grinding
Brush Chipping for Trees • Bobcat & Excavator Services
Grading of Lawn Areas for Sod and Seed • Debris Hauling
Installation & Removal of Plants, Shrubs & Trees • Hedge & Shrub Trimming

Griffin LANDSCAPING, INC.
Check out our updated photos
860.257.3146
GRIFFINLANDSCAPING.COM
100914

Beautiful shades, moving to your schedule.

Hunter Douglas window fashions with PowerView™ Motorization, the intelligent shades that move automatically to a schedule you set.*

$150 REBATE** on select Hunter Douglas purchases with PowerView Motorization 7/2–9/12/16.

The Paint Spot
34-36 Shunpike Road, Cromwell
860-635-1111 • paintspot.net
Paint • Wallpaper • Window Shades • Blinds • Carpet • Laminate • Vinyl

*The PowerView App and additional equipment required for programmed operation. **Manufacturer's mail-in rebate offer valid for qualifying purchases made 7/2/16–9/12/16 from participating dealers in the U.S. only. For certain rebate-eligible products, the purchase of multiple units of such product is required to receive a rebate. If you purchase fewer units than the required multiple you will not be entitled to a rebate; partial rebates will not be awarded. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a $2.00 monthly fee will be assessed against card balance 6 months after card issuance and each month thereafter. Additional limitations may apply. Ask participating dealer for details and rebate form. ©2016 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners.2839170

Walkways • Patios • Retaining Walls • Firepits• Decorative Stone • Mulch • Topsoil

CEDAR MOUNTAIN Stone & Mulch
1943 Berlin Turnpike
WETHERSFIELD
860.563.9200
www.cedarmountainstoneandmulch.com
Like us on Facebook
One of Greater Hartford's Largest Retail Distributors of Landscape Products

HOME & GARDEN

Everything for Your Home

Licensed: CT -HIC. 0510051 • CT-CAM.0000680 • Fully Bonded & Insured • In-House Employees

Complete Residential & Commercial Property Management

Free Estimates, No Pressure

THE MAGEE COMPANIES
Remodeling Contractors
Property Managers
Professionalism Since 1972

WINNER! BEST OF Hartford MAGAZINE 2010 2011 2012 2013 2015 2016

BBB ACCREDITED BUSINESS

860-953-2200
7 CODY STREET • WEST HARTFORD, CT
MageeCompanies.com

STEPHEN OUELLETTE
HOME IMPROVEMENT

ROOFING & SIDING
Replacement Windows • Gutters
Decks • Additions

860-667-2160

Free Estimates
Licensed & Insured
Lic. #00556269

HARVEY INSULATING WINDOWS & DOORS

3602201

WET BASEMENT?

TRUST IN OUR 40 YEARS OF EXPERIENCE

Rocco Balesano Contracting LLC

Foundation Cracks
Basement Drainage Systems
Yard Drainage
Sump Pumps
Window/Dry Wells, etc.

Call for a free estimate and never deal with a wet basement again!

860-236-0071

LOCALLY OWNED AND OPERATED
FULLY INSURED
ALL WORK GUARANTEED
SENIOR DISCOUNT

Reupholstery • Slipcovers • Fabric • Furniture • Custom Window Treatments • Wallpaper • Flooring

Jazz Up Your Home for the Summer!

40% Off
Re-Upholstery Labor

20% Off
Custom Window Treatment Labor

10% Off
All Fabrics

FREE In-Home Consultation
Showroom by appointment only.

Old Lyme	Hartford	Toll Free
860-434-4242	860-244-3475	877-688-3475

Family owned & operated showroom & workroom since 1929

EHRLICH DECORATING & UPHOLSTERY LLC

*Previous orders do not apply. Only applies with purchase of our fabric.
Showroom & Workroom 3324 Main Street, Hartford, CT
www.ehrlichdecorating.com

Not Affiliated With Ehrlich Interiors in Farmington

Salone Electric, Inc.

www.saloneelectric.com
saloneelectric@gmail.com

Residential & Commercial
Electrical Contractor

Outdoor Landscape Lighting and Service Upgrades • Generators

Specializing in one-on-one customer service experience for all your electrical needs!
Family-owned and operated since 1988.

ASK US ABOUT THE INCENTIVES FOR COMMERCIAL LED LIGHTING!

Office: 860-666-4532
Cell: 860-250-2589

CT LIC 0192694E1

HOME & GARDEN

SCREENED TOPSOIL & COMPOST

CEDAR MOUNTAIN
Stone & Mulch

1943 Berlin Tpke. Wethersfield

860-563-9200

HARMONY
Home Improvement

100% FINANCING AVAILABLE

Creating a Harmony customer, contractor & community

ROOFING • SIDING • WINDOWS & more...

CALL NOW for our SUMMER ROOFING SALE

CALL NOW for a FREE upgrade to lifetime shingles with this ad only

860-645-8899

lic. #604200/ Fully Insured/Free Estimates

Factory Certified with GAF CertainTeed

022411

ANDY WOTTON PLUMBING & HEATING, LLC
(860) 833-8153

Old fashion, honest, reliable service at a reasonable price. All residential plumbing, repairs done from leaky faucets to oil/gas heat conversions.

Call today and we will show you quality still makes a difference!

WE'RE THE GOOD GUYS

CUSTOMER SATISFACTION • NEAT, CLEAN, PROFESSIONAL

Professional Dependable Company • All Aspects Of Electrical Work

- General Repairs • Home Inspection Repairs • Outdoor Lighting
- Motors & Generators • Fire Alarms • Security • Computers
- Remodeling Bathrooms, Kitchens, Basements • Roof Deicers
- Bath Fans/Paddle Fans • Fuses Upgraded to Circuit Breakers
- Cable TV Wiring • Bucket Truck • Electrical Repairs to Existing Wiring

All Work Guaranteed • Same Day Service

AA ELECRICAL SERVICES

AA ELECTRICAL
E1-102626

860-953-8830

www.connecticut-electrician.com

134 Reed Avenue • West Hartford

HOME & GARDEN

BE INSPIRED
NEW SHOWROOM
FRESH IDEAS

COMPLIMENTARY FULL SERVICE INTERIOR DESIGN
CUSTOM UPHOLSTERY and WINDOW TREATMENTS
FABRICS | FURNITURE

Visit The Original Ehrlich Interiors Since 1902
Schedule online our FREE home or office consultation

EHRLICH INTERIORS
Inspired design with you in mind

houzz

Stop in or Call today
860-678-0111
VISIT OUR SHOWROOM AT:
2 EASTVIEW DRIVE | FARMINGTON
MON-FRI 10-4
EHRLICHINTERIORS.COM

Patio Furniture Clearance!

Get Ready For Fall!

NEW ENGLAND PATIO & HEARTH
newenglandpatioandhearth.com

974 Silas Deane Highway • Wethersfield (860) 563-1000
65 Albany Turnpike (Rt. 44) • Canton (860) 693-0436

Outdoor Furniture • Wicker • Rattan • Fireplace Furnishings • Gas Logs

Real Estate

Kathy Dell'Aquila
860-559-0825
kathy.dellaquila@cbmoves.com

COLDWELL BANKER RESIDENTIAL BROKERAGE
ColdwellBankerMoves.com

Dedicated To Make Your Real Estate Dreams Come True!

Rocky Hill

FABULOUS OPEN CONCEPT 3,800 SQ' HOME W/IN-LAWS APT. INCLUDING GRANITE COUNTERS, HARDWOOD FLOORS, IN-GROUND POOL, TRANQUIL KOI POND & HOT TUB & MUCH MORE. THE PERFECT STAYCATION HOME!
OFFERED at $379,888

© 2015 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker® and the Coldwell Banker logo are registered service marks owned by Coldwell Banker Real Estate LLC.

COLDWELL BANKER
RESIDENTIAL BROKERAGE

Joe Rizza

860-209-7391
joe.rizza@cbmoves.com

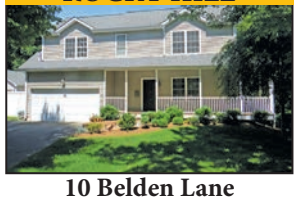
Not Your Average Real Estate Joe!

New to Coldwell Banker
Born and raised in Rocky Hill and knows the area well!

WETHERSFIELD

422 Middletown Ave.
$209,500

ROCKY HILL



10 Belden Lane
$349,000

1331 Silas Deane Highway | Wethersfield | 860.563.1010
ColdwellBankerMoves.com

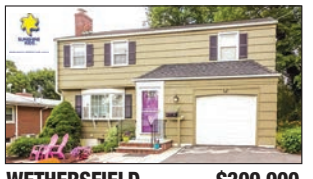
BERKSHIRE HATHAWAY HomeServices | New England Properties

A portion of the commission earned from each of these listings will be donated to the Sunshine Kids, by the listing agent.

NEWINGTON $194,900
JUST LISTED. 1915 sqft.. New eat-in kitchen, spacious Dining and Living areas with sliders to patio/courtyard. FHA approvale.
Neil Howett (860) 571-6661

WETHERSFIELD $254,900
NEW PRICE. Special home, many recent updates. Newer Wind/roof/boiler. Kitchen with eating nook. Clean, Light and Bright.
Lisa Martin (860) 558-3956

WETHERSFIELD $275,900
WOW. 4 BDRS! C/air gas heat. Updated kit with granite. 1st floor MB. Expandable to 2700 sqft!
Roseanne Scacca (860) 214-0236



WETHERSFIELD $309,900
MUST SEE. 4 bdrm/4 baths! Custom Updated kit with granite. Great flow to large, beautiful back yard.
Diane McAdams (860) 538-6006

HARTFORD $152,000
Unique opportunity to own! 4 bdrms, gas heat/Cair. 2 car garage. Brand new construction. Below market price.
Joseph Marrero II (860) 306-1235

WETHERSFIELD $189,500
JUST LISTED. Spacious 2 bedroom home. Two fireplaces, large rooms, original archways, nice wood floors.
Angela Aiello-Sousa (860) 305-5585

ROCKY HILL $139,900
JUST LISTED Townhouse, END UNIT. Updated kit. 3 bdrms 2 ½ baths. Full basement. Deck. Fireplace.
Angela Aiello-Sousa (860) 305-5585

WETHERSFIELD $895,000
JUST LISTED Must see this exquisite one of a kind ranch inside and out! 4624 sqft. Resort style pool/patio area. Amazing home.
Roseanne Scacca (860) 214-0236

WETHERSFIELD $195,900
OVERSIZED yard, in a quiet area. Two bedroom ranch with extra-large FP living room. Wood flrs. Gas/CAir . Newer roof, windows.
Alicia Deperry (860) 424-2572

BHHS New England Properties
1160 Silas Deane Highway Suite 101 & 102, Wethersfield, CT 06109, 860.563.2881
bhhsNEproperties.com

Real Estate

WILLIAM RAVEIS

REAL ESTATE • MORTGAGE • INSURANCE

The Largest Family-Owned Real Estate Company in the Northeast

PREMIERE HOME TEAM

MIRELLA D'ANTONIO & ASSOCIATES

860-997-1600 • Mirella.DAntonio@Raveis.com

CONSISTENT RESULTS • CARING • AWARD-WINNING

Welcome
Bea Goddard
to Premiere *Home Team!*

203-903-6274

#1 IN ROCKY HILL FOR BUYER SALES VOLUME IN 2015

WETHERSFIELD $815,000
Magnificent 6356 sf Brick Georgian Col., 5 BRS, 4.2 BTHS, 3-car gar. In-law.
Call Mirella 860-997-1600 or Madhu Reddy 860-918-2921

WETHERSFIELD $279,000
Meticulous 4 BR, 2 BTH Hubbard home in Old Weth sure to impress! Hardwood flrs, faux FP, 1-car garage, gas heat.
Listed by Karen Parker 860-796-5833

WETHERSFIELD $259,900
Distinctive 3 Bedroom, 1.1 Bath Colonial with 2-Car Garage, Hardwood Floors, Fireplace, CAIR, close proximity to schools, library, shopping - you'll love this home!

HARTFORD $1250/MONTH
Weth. line RENTAL Newly renovated 1641 sq.ft 2 BR, 1 bath apartment, Offstreet parking, Busline, Gas heat, 700 FICO Score Minimum required, Background Check

ROCKY HILL $388,700
420 Old Main St. What a home! Gracious solid Colonial, 3372 sf w/5 BR, 2.1 Bths, 2-car gar. on 1.32 acres, Special upper level road w/privacy.
Call Cynthia Neznayko 860-881-8500

ROCKY HILL $369,900
2434 sf Split level home, 4 BR's, 2.1 Bths, 2-car Gar, Great location, end of cul-de-sac, .private .60 acre lot, Repl windows,Arch roof, 3 heat zones.

NEWINGTON $299,900
Impressive Toll Bros Luxury 3BR Townhouse w/1st flr Master, 2.1 bths, Att Garage, Hdwd flrs, private rear Deck, Fin Lower level a bonus, CAIR, great location!

S. WINDSOR $120,000
or lease for $1050/month
Beautiful 2nd flr 2BR Ranch Condo! Living room w/Vaulted Ceiling leads to deck, Pool, close to shopping, commuter access, Immed Occupancy.

COLCHESTER $325,000
or lease for $2600/month
Great value here ! 2570 sf 4 BR Colonial, 3.1 bths, 2-car att Gar on 1.4 level acres. Blt 2004 like new, Huge Master Suite , FP, Deck, Finished walk-out LL, CAIR.

VERNON $199,900
Great curb appeal, very pretty charming 3 Bedroom Colonial, 1.1 baths and Garage on almost 1 full level acre. Near commuter access and shopping! Move right in!

MANCHESTER $174,900
One of the prettiest homes around ! 2 BR Duplex home close to peaceful Risley Reservoir not far from Bolton line. Remodelled Kit & bths, Loft w/Skylight, Att Gar, Tranquil Yard w/perennial gardens- a true sanctuary-you'll love this one!

Too New For Photo

MANCHESTER $165,900
Coming soon! and what a great deal at this price for a great vintage 3BR Col with a New Remodelled Gourmet Kit!! 1.1 baths, Hdwd Flrs, Deck, Shed, Fenced in yard w/huge side lot! Come see!

Mary Anne Hepburn
860-712-3048

Joan Abbate
860-690-1354

Dan Montano
860-324-3702

Karen Parker
860-796-5833

Cynthia Neznayko
860-881-8500

Bea Goddard
203 903-6274

Real Estate

COLDWELL BANKER
RESIDENTIAL BROKERAGE

CROMWELL Spectacular new, quality-built 4BR/3BA colonial. Spacious rooms, luxurious details and fine finishes.
$439,900 Maureen Horowitz 860-205-9678

Maureen Horowitz ABR, GRI, SRES
860-205-9678
www.maureenhorowitz.com
maureen.horowitz@cbmoves.com
COLDWELL BANKER RESIDENTIAL BROKERAGE
1331 Silas Deane Hwy, Wethersfield

CT Interior Solutions

See how CT Interior Solutions can transform your home with *10 Simple Design Principles* using:

- The **Space** you have
- The **Things** you like
- The **Budget** you choose

For more information visit my website today!
www.cthomestagingandredesign.com
860.840.2474
carolyn@cthomestagingandredesign.com

TOWNHOMES AT THE CORNER

West Hartford's newest development offering multiple floor plans at affordable prices with all the conveniences one needs. Here you will find generous living spaces, storage areas and luxury appointments surrounded by beautiful landscaping with a community feel. With only 10 townhomes available and thanks to superb craftsmanship by J Matthew Group builders, floor plans designed by award winning Kemper and Associates Architects and Landscaping design work by Dian Barnes, Townhomes at the Corner is sure to sell out quickly. So contact us today and get on the priority list.

BRODER GROUP
43 North Main Street, West Hartford, CT 06107
860.313.1300
BRODERGROUP.COM
WILLIAM RAVEIS
REAL ESTATE • MORTGAGE • INSURANCE
The Largest Family-Owned Real Estate Company in the Northeast

rocky hill LIFE

540 Hopmeadow Street, Simsbury, CT 06070
860-651-4700

Read our publication online at
TurleyCT.com

KEITH TURLEY, Publisher

EDITORIAL
Abigail Albair, Executive Editor
aalbair@turleyct.com
Mark Jahne, Editor
Alison Jalbert, Assistant Editor

STAFF WRITERS
Alicia B. Smith, Allie Rivera, Mara Dresner, David Heuschkel, Sloan Brewster

ADVERTISING SALES
Alana DiMarco
alana@turleyct.com,
860-264-5723

PAGE DESIGNERS
Daniel Kornegay, Cynthia Martel, Robert Sirois

GRAPHICS DEPARTMENT
Barbara Ouellette, Production Manager
ads@turleyct.com, 860-264-5523
Maureen LaBier, Production Assistant
Daniel Kornegay, Corley Fleming, Cynthia Martel, Kathy Kokoszka, Mary Grimes

CIRCULATION
For circulation issues, please call 860-651-4700

FOLLOW US ON

published by
TurleyCT COMMUNITY PUBLICATIONS

Guest editorial

Thyroid Cancer Awareness Month

by Allie Rivera
LIFE Staff

Nine years ago, my best friend heard the words that no person ever wants to hear. At age 18, she was diagnosed with thyroid cancer.

I remember distinctly how I found out about the diagnosis. Meg and I were really just starting to get to know each other and I was out to dinner with a mutual friend at our usual spot, Denny's in Westbrook, when he told me she had cancer. Every part of me froze. An 18-year-old being diagnosed with cancer was supposed to be the plot of a tragic movie, not the reality of someone I love.

At the time, I had some knowledge of the thyroid as I have a condition called hypothyroidism, and I still find it incredible how much of a person's life is affected by this relatively small, butterfly-shaped gland. Because my thyroid does not produce enough of the T3 and T4 thyroid hormones, I would experience fatigue, abnormal weight gain, mental fogginess, changes in metabolism, moodiness and depression.

As a 20-year-old college student, I knew that I would have to take a synthetic thyroid medication for the rest of my life to combat these symptoms, and, frankly, that was all I needed to know. Pill makes thyroid work. Thyroid makes me work. Carry on with life.

After Meg's diagnosis, I began doing more research into this vital yet oft-neglected part of the body and found out about the wide range of issues that can come from a thyroid that does not function properly.

Hashimoto's Thyroiditis, or Hashimoto's Disease, is an autoimmune disorder in which the body's immune system fights against the thyroid, causing a person's body to swing from an overactive thyroid, or hyperthyroidism, to underactive, causing the body to stop producing the necessary thyroid hormones. Graves' Disease, another autoimmune disorder, typically results in an enlarged thyroid and can cause irritability, muscle weakness, sleeping issues, weight loss and quickened heart rate.

The more I learned about all that the thyroid could do, the more concerned I grew, but eventually I stumbled upon what seemed like good news. In the online cancer community – another thing which I never knew existed before – there was a running idea that if there was one type of cancer you could choose to get, it would be thyroid cancer. It was an idea that was at once disturbing and encouraging. In typical cases, Meg's and my research told us, thyroid cancer patients have surgery to remove their thyroid then must remain on a high-dose synthetic thyroid medication for the rest of their life. Nothing further.

The idea of surgery is and was still daunting, but Meg is the strongest person I know and has the greatest sense of humor. She went into that surgery and after a few complications came out on the other side ready to take on the world. She started college. She played with her animals. She continued to make those around her smile and laugh on a daily basis. Being a cancer survivor at 18 was an enormous challenge, but she did it all with a strength and class that I never would have been able to show.

Two years later, when it was discovered that the cancer had come back, this time in her lymph nodes, the news was even more devastating than the first time. She texted the news to me, and as I sat in my old Honda Accord outside of a YMCA, I felt a rush of sadness, anger, disbelief and foolishness to think that something like cancer could be just a blip in someone's life.

In the time since that second diagnosis, Meg's cancer has returned three more times. At age 27, she has had five surgeries in her neck, and some of the damage from cutting that area open numerous times will never recover.

Amazingly, yet not surprising to anyone who knows her, Meg has continued to be as strong, supportive and funny as she always has been. Regardless of how she is, she will go out of her way to ask me how I'm feeling and take care of those around her.

For many, September is a month to look forward. It's the start of a new season, a new school year, and a chance to shake off the heaviness of the summer months. But for me, Meg, and countless others affected by thyroid cancer, it is a time to reflect on what the human spirit can endure. There is no such thing as a "good" kind of cancer. It's a cruel myth that devalues the struggle that those who have survived the disease go through. But there is always the possibility of hope. **RHL**

To learn more about thyroid cancer, visit www.cancer.org/cancer/thyroidcancer.

CLASSIFIEDS

Avon • Canton • Farmington • Glastonbury • Newington • Rocky Hill • Simsbury • West Hartford • Wethersfield

Cleaning Services

ADA'S HOUSE CLEANING – Quality personal service. Weekly, biweekly, or monthly. Specializing in help to clean before closing/ moving or one time cleaning. In business since 2000. Call 860-521-3823 or 860-944-6541. Lic & insured #1110413.

I Buy Houses

I BUY HOUSES AS-IS. CASH. Call today 860-674-9498 or Email: john@boucherbuilding.com CT. REG. # 530518

Wanted to Buy

PAYING CASH for old mahjong sets, incomplete sets okay. 860-231-8466.

WE BUY USED BOOKS. Price varies by book, most around $1.00. Top dollar paid for newer college textbooks. Visit us at donateorsellbooksct.com

Services

BATHROOM RE-FINISHING. Tub and Shower Replacement -economical to custom. Do the job right - replace - don't cover up. Toilets, sinks and vanities as well. Reasonable, licensed and insured. Call Charles Peterson 860-839-0246.

Z-THE HANDYMAN, LLC HOME IMPROVEMENT. Interior. Exterior. Painting, flooring, decks, power washing, vinyl siding, roofing, etc. Don't pay high prices, Call 860-690-2855. Ask for John. Licensed & Insured.

K & D PAINTING AND REMODELING - Interior, exterior, power washing, deck staining, wood weather damage, ceiling texture, wallpaper removal. Fully insured, 15 years of experience. Reg # HIC 0674321. Call Kris 860-410-9989.

Services

RH MASONRY SERVICES, LLC - All masonry from new construction to repairs of walkways, patios, pool decks, chimneys/fireplaces, retaining walls. Brick, stone, veneer, pavers, etc. Licensed and Insured. Free estimates. 860.483.0139 www.rhmasonryct.com

ANDY WOTTON PLUMBING & HEATING, LLC 860-833-8153. We offer honest plumbing at a reasonable price. Estimates are always given before any work is done. From snaking your main drain to water heaters and boilers, faucets and leaky pipes - WE DO IT ALL. Remember with Andy Wotton Plumbing, it's not done until you say it is. Call today 860-833-8153. Licensed and insured P10282605 S1 0402048.

Services

BENEDICT OVERHEAD DOOR. Is your one stop for all garage door problems. CT HIC #0621772. Call 860-828-2951.

CHS CARPENTRY. Kitchen & Bathroom full remodeling, windows, doors, decks, porches, cabinets, installation, paint, custom tile installation, drywalls, siding, rooing, floors & trim work. Fully licensed & insured. References available. Reg.#612982 Call 860-803-5535 or email chscarpentry@live.com **PIANO TUNING AND REPAIRS** by Hartt School of Music trained tuner. Piano cleaning and climate control also available. Contact Ted Williams 860-228-0309. or call 860-940-8713

Services

PROTECT YOUR INTELLECTUAL PROPERTY. Patents, trademarks etc. Call Ted Paulding. No longer representing the big guys. Now helping the little guys become a big guy. 860-474-5181.

HOME WATCH SERVICE - THE ALTERNATIVE TO HOUSE SITTING for snowbirds, vacationers, empty homes for sale. Professional & Insured. www.mindyourmanorct.com. 860-805-6226

SECURITY AND FIRE ALARM SERVICES - Sales, installation, service and monitoring of all brands of equipment. Free takeovers of existing systems, free installation on new systems with purchase of equipment. Monthly monitoring rates as low as $20. Call ALL SYSTEMS ELECTRIC, LLC at 860-436-4957 or visit our website at www.ase-ct.com.

DAVINO ANTIQUE CLOCKS -Antique Clock Repair - Repair and maintenance service for antique and vintage clocks. House calls available. 860-402-5585 www.davinoclocks.com

JCWEB - WEBSITES DONE RIGHT. JCWeb makes professional business websites and gets you listed on Google and up to 90 different directories. Call James at 860-940-8713 or visit www.jcweb.org

Services

GOOD ATTITUDES REWARDED. MERRY MAIDS NOW HIRING full time or part time. Must be able to work Monday-Friday from 8am-5pm. No nights, holidays or weekends. Must have own car, driver's license and insurance. Please call 860-563-8367 to set up an interview.

Gamblers Anonymous

Gamblers Anonymous can help you. Take back your life. Phone: 855-2-CALL-GA 855-222-5542 to speak with someone. Gamblers Anonymous is a non-profit fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. www.gamblersanonymous.org.

Classified Ads:

$40 for up to 20 words, 30¢ each additional word

Classified Ads run monthly in all 6 of our local publications. If ordering by mail, please make checks out to TurleyCT or provide your Credit Card information. PAYMENT MUST BE RECEIVED BY DEADLINE OR YOUR AD WILL NOT RUN. We accept Mastercard, Visa and American Express. Make checks payable to TurleyCT.

3 WAYS TO PLACE A CLASSIFIED AD!
Call: 860-264-5656
Email: mlabier@turleyct.com
Mail: TurleyCT
Attn: LIFE Classifieds
PO Box 497
Simsbury, CT 06070

Name (PRINT) _____ *AD TEXT* _____

Company: _____

Address: _____

Phone: _____

Check or Card # _____

Exp Date _____ *Security Code* _____

No. of Months to run: _____

OUR JOB is to make YOUR JOB easier

ADVERTISE IN OUR CLASSIFIEDS

Call 860.651.4700 x5656 for details

WE BEAT EVERYBODY

TIRE REBATE BLITZ!

Triple Rebates
Save up to $180 per set
on Goodyear Tires

Double Rebates
Save up to $140 per set
on Bridgestone/Firestone Tires

Now thru 9/30/16

GOODYEAR · DUNLOP TIRES · KELLY TIRES · Continental TIRE · Firestone · MICHELIN Because so much is riding on your tires. · BRIDGESTONE

PLUS!
With every 4 Tire Purchase
You Choose

4 FREE Lube, Oil & Filters OR
Incl. up to 5 qts Mobil Special 5w30 motor oil, oil filter, lube & courtesy ck. Most Vehicles.

FREE Front End Alignment OR
Specialty, Thrust Angle and Complete 4 Wheel Alignments are additional - see store for your vehicle's alignment type.

FREE Road Hazard Protection
Covers FREE Flat Repairs and Tire Replacement for Road Hazards - See store for full coverage details.

SPEND $50 GET $50
At Net Cost of ZERO

When You Purchase Anything for $50 with your Goodyear Card...
You Get $25 Rebate in a Prepaid Visa Card
& Get $25 Instant Store Discount
Apply for Instant Approval. Must present this coupon. See store for details. Valid through 9/30/16.

EXPRESS LUBE, OIL & FILTER
$19.99
Includes up to 5 qts. Mobil Special 5W-30 motor oil, oil filter, lubrication & courtesy check. Most cars.
Plus FREE TIRE ROTATION
Must present coupon. Not valid with any other discounts. Expires 9/30/16. Oil disposal fee add'l.

BRAKE PADS or SHOES
$99.99 installed, per axle
Most vehicles
Brake systems are complex.
Stop by or call for a convenient appointment to have our experts inspect your system.
FREE BRAKE INSPECTION
Let our staff inspect your brake system.
There may be extra costs for additional parts and labor.
Must present coupon. Expires 9/30/16. Not valid with any other discounts.

No Interest
If paid in full in 6 months!
Apply for Instant Approval! See stores for details

MODERN TIRE AND AUTO SERVICE
moderntirect.com
CHECK OUT OUR OTHER LOCATIONS

898 Farmington Ave., Rt.4, Farmington
Just over the Farmington River Bridge
860-677-5454
Open Sundays 9am-4pm
Mon-Fri 7AM-6PM, Sat 8AM-5PM

MODERN TIRE
3455 Berlin Turnpike
Newington 860-666-2404

MODERN TIRE
867 Cromwell Avenue
Rocky Hill 860-760-9000

MODERN TIRE
514 West Main Street
Cheshire 203-272-3296